



## Resultados

# 40ª Corrida dos Sinos

## 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
1	Said Ameqrane	Individual	1	M SEN	00:47:04	00:47:04
2	Roberto Ladeiras	Gfd Running	2	M SEN	00:47:23	00:47:23
3	Bruno Lourenço	Gfd Running	1	M35	00:48:23	00:48:23
4	Pedro Alves	Run-Tejo Prevent Sprain	3	M SEN	00:48:43	00:48:41
5	Bruno Santos	Grupo Desportivo Recreativo Da Reboleira	4	M SEN	00:48:51	00:48:51
6	Alex Macuacua	Sporting Clube Portugal	5	M SEN	00:49:13	00:49:11
7	José Veiga	Associação De Jovens Da Landeira	6	M SEN	00:49:15	00:49:15
8	Vitor Oliveira	Gfd Running	7	M SEN	00:49:29	00:49:26
9	André Pais	Clube Desportivo De Tondela	8	M SEN	00:49:57	00:49:56
10	Ricardo Madeira	Run-Tejo Prevent Sprain	1	M40	00:50:07	00:50:07
11	Victor Cerqueira	Capenafirme	9	M SEN	00:51:08	00:51:08
12	Luís Rações	Acrsd - Senhora Do Desterro	1	M45	00:52:45	00:52:43
13	Carlos Silva	Grupo Desportivo Recreativo Da Reboleira	2	M40	00:52:51	00:52:49
14	Nuno Oliveira	Cua Benaventense - 3B Triatlo	10	M SEN	00:52:52	00:52:49
15	Luis Santos	Amigos Do Atletismo De Mafra	3	M40	00:52:53	00:52:53
16	Paulo Monteiro	Individual	2	M35	00:53:05	00:53:03
17	José Mota	Capenafirme	3	M35	00:53:16	00:53:16
18	Luis Martins	Clube Desportivo De Tondela	4	M40	00:53:29	00:53:27
19	Pedro Nogueira	Cf Os Belenenses	5	M40	00:53:32	00:53:32
20	Rui Rodrigues	Clube Desportivo De Tondela	6	M40	00:53:34	00:53:32
21	Paulo Garcia	Cf Os Belenenses	1	M50	00:53:47	00:53:47
22	Rafael Pais	Clube Desportivo De Tondela	11	M SEN	00:53:55	00:53:52
23	Luis Brito	Run-Tejo Prevent Sprain	2	M45	00:53:58	00:53:56
24	João Vaz	Grupo Desportivo Recreativo Da Reboleira	1	M55	00:54:03	00:54:02
25	José Estrangeiro	Amigos Do Atletismo De Mafra	4	M35	00:54:11	00:54:07
26	Joao Piedade	Amigos Do Atletismo De Mafra	12	M SEN	00:54:39	00:54:36
27	Eugénio Neto	Grupo Desportivo Recreativo Da Reboleira	1	M60	00:54:43	00:54:40
28	Rodrigo Ladeira	Escola Das Armas	13	M SEN	00:54:52	00:54:52
29	Mário Cassaca	Grupo Desportivo Recreativo Da Reboleira	2	M50	00:54:53	00:54:50
30	Telmo Nogueira	Individual	7	M40	00:54:56	00:54:52
31	Rui Silva	Linda-A-Pastora Sporting Clube	8	M40	00:55:06	00:55:06
32	Joao Ginja	Linda-A-Pastora Sporting Clube	2	M55	00:55:06	00:55:06
33	Paulo Batista	Os Carregueirenses	14	M SEN	00:55:35	00:55:35
34	Tiago Corvo	Sport União Colarense	5	M35	00:55:42	00:55:40
35	Ivo Relveiro	Zuna - Ndurance	15	M SEN	00:55:43	00:55:40
36	Pedro Pardal	Amigos Do Atletismo De Mafra	16	M SEN	00:55:44	00:55:41
37	Sergio Santos	Individual	9	M40	00:55:55	00:55:53
38	Helder Rebelo	Grd "Os Fixes"	3	M55	00:55:57	00:55:55
39	Sérgio Paiva	Individual	3	M50	00:56:00	00:56:00
40	Alexandre Monteiro	União Atlético Povoense	4	M55	00:56:04	00:56:04
41	Filipe Silva	Amigos Do Atletismo De Mafra	3	M45	00:56:17	00:56:15
42	António Rodrigues	Academia Do Pro Peniche	10	M40	00:56:18	00:56:17
43	Henrique Janota	Caracóis De Pedra	4	M50	00:56:22	00:56:20
44	José Camacho	Linda-A-Pastora Sporting Clube	6	M35	00:56:29	00:56:29
45	Ricardo Pereira	Aminhacorrida/Runextrem	4	M45	00:56:29	00:56:26
46	Joana Fonseca	Gfd Running	1	F35	00:56:31	00:56:28
47	José Simões	Amigos Do Atletismo De Mafra	5	M50	00:56:39	00:56:37
48	João Silva	Gm 1º Dezembro Queijas	11	M40	00:56:43	00:56:40
49	Laura Grilo	Clube De Praças Da Armada	2	F35	00:57:00	00:56:57
50	Tiago Encarnação	Clube De Praças Da Armada	7	M35	00:57:00	00:56:56
51	Marco Cunha	Ca Patameiras	8	M35	00:57:05	00:57:02
52	Hugo Gonçalves	Grd "Os Fixes"	5	M45	00:57:08	00:57:04
53	Bruno Marcelino	Individual	12	M40	00:57:09	00:57:09
54	Hugo Domingos	Linda-A-Pastora Sporting Clube	6	M45	00:57:13	00:57:10
55	Cláudio Bagulho	Escola Das Armas	9	M35	00:57:23	00:57:20
56	André Melo	G.D. São Domingos	13	M40	00:57:42	00:57:40
57	Marina Domingues	Linda-A-Pastora Sporting Clube	1	F40	00:57:44	00:57:40
58	Vasco Tavares	Individual	7	M45	00:57:48	



## Resultados

# 40ª Corrida dos Sinos

## 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
59	Henrique Avelar	Câmara Municipal Mafra	14	M40	00:57:50	00:57:48
60	Nelson Rafael	Individual	15	M40	00:57:52	00:57:48
61	Cátia Pereira	Individual	1	F SEN	00:57:58	00:57:54
62	Henrique Santos	Linda-A-Pastora Sporting Clube	17	M SEN	00:58:01	00:57:58
63	Vasco Ribeiro	Amigos Do Atletismo De Mafra	18	M SEN	00:58:04	00:58:02
64	Ricardo Candeias	Bilsteingroup	10	M35	00:58:19	00:58:16
65	Diogo Louro	Individual	11	M35	00:58:34	00:58:30
66	Paulo Gomes	Walkandrun	16	M40	00:58:35	00:58:27
67	João Gameiro	Individual	6	M50	00:58:39	00:58:33
68	Ricardo Abreu	Amigos Do Atletismo De Mafra	17	M40	00:58:44	00:58:40
69	João Catalão	Individual	12	M35	00:58:59	00:58:54
70	Hugo Palmeiro	Linda-A-Pastora Sporting Clube	8	M45	00:59:08	00:59:04
71	Artur Pereira	Linda-A-Pastora Sporting Clube	7	M50	00:59:09	00:59:04
72	Francisco Duarte	Clube Novo Banco	19	M SEN	00:59:09	00:58:54
73	Paulo Costa	Nazaboboda	9	M45	00:59:18	00:59:11
74	Jorge Deus	Ccd Tranquilidade	10	M45	00:59:20	00:59:16
75	Nelson Santos	Capenafirme	11	M45	00:59:21	00:59:17
76	André Lopes	Furões Do Alentejo	20	M SEN	00:59:29	00:59:25
77	João Pereira	Linda-A-Pastora Sporting Clube	21	M SEN	00:59:31	00:59:28
78	Jose Correia	Cf Os Belenenses	5	M55	00:59:31	00:59:24
79	Luís Lima	Grafisol Running Team	8	M50	00:59:31	00:59:28
80	Rui Henriques	Serviços Sociais Montepio	18	M40	00:59:34	00:59:29
81	Abel Glória	Grupo Desportivo Recreativo Da Reboleira	2	M60	00:59:41	00:59:37
82	Vera Nunes	Gfd Running	2	F40	00:59:43	
83	Hélder Cotrim	Walkandrun/Werun	19	M40	00:59:43	00:59:39
84	Patrick Lima	Gdrc Ponterrolense	22	M SEN	00:59:45	00:59:44
85	José Andrade	Grupo Barraqueiro	20	M40	00:59:47	00:59:46
86	Yuri Pushkin	Cf Os Belenenses	21	M40	00:59:54	00:59:49
87	Sérgio Pacheco	Peniche A Correr	12	M45	00:59:54	00:59:53
88	Ricardo Morgado	Parreirinha Runners	22	M40	00:59:57	00:59:54
89	Miguel Barba	Peniche A Correr	13	M45	01:00:00	00:59:56
90	Dinis Ribas	#Naotreinesnao	9	M50	01:00:02	01:00:02
91	Joaquim Leal	Gdrc Ponterrolense	10	M50	01:00:06	01:00:06
92	Miriam Martins	Ingleseas Futebol Clube	2	F SEN	01:00:10	01:00:08
93	Peter Romão	Sporting Clube Vila Maria	23	M40	01:00:11	01:00:06
94	Luís Godinho	Clube Novo Banco	6	M55	01:00:33	01:00:18
95	Milton Ferreira	Veteranos Do Lis	23	M SEN	01:00:35	01:00:26
96	Andre Martins	Tálenos Team	24	M40	01:00:37	01:00:30
97	Ricardo Domingues	Individual	13	M35	01:00:37	01:00:30
98	Pedro Costa	Ccd Crédito Agrícola	7	M55	01:00:40	01:00:36
99	Nuno Costa	Clube Futebol Montachique	24	M SEN	01:00:47	01:00:43
100	Júlio Reis	Câmara Lisboa Clube	11	M50	01:00:49	01:00:45
101	Paulo Alves	Grupo Desportivo Santander Totta	14	M45	01:01:08	01:01:01
102	Thomas Jorge	Individual	25	M SEN	01:01:21	01:01:07
103	João Góis	Individual	26	M SEN	01:01:27	01:01:17
104	Sergio Ventura	Individual	25	M40	01:01:33	01:01:29
105	António Batalha	Individual	15	M45	01:01:37	01:01:37
106	Liliana Barbosa	Individual	3	F35	01:01:40	01:01:33
107	Tiago Camacho	Individual	16	M45	01:01:42	01:01:37
108	Renato Moreiras	Escola Atletismo Moita Tejo	26	M40	01:01:44	01:01:39
109	Amanuel Gabriel	Hero Box	27	M SEN	01:01:50	01:01:47
110	Marco Pequeno	Running Stones Saloios	14	M35	01:01:50	01:01:44
111	Diogo Jacinto	Run-Tejo Prevent Sprain	28	M SEN	01:01:52	01:01:50
112	Sérgio Pires	Team El Comandante	17	M45	01:01:55	01:01:50
113	Adolfo Leal	G.D. São Domingos	8	M55	01:01:58	01:01:53
114	Tiago Esteves	Individual	27	M40	01:02:10	01:02:05
115	Rui Cleto	Amigos Do Atletismo De Mafra	12	M50	01:02:13	01:02:08
116	Ambrósio Pereira	União Atlético Povoense	13	M50	01:02:28	01:02:28



## Resultados

# 40ª Corrida dos Sinos

## 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
117	Horácio Alexandre	Academia Do Pro Peniche	28	M40	01:02:31	01:02:29
118	Ricardo Santos	Amigos Do Atletismo De Mafra	29	M40	01:02:41	01:02:35
119	Ernesto Ferreira	Gfd Running	14	M50	01:02:43	01:02:40
120	Paulo Almeida	Gfd Running	15	M50	01:02:45	01:02:42
121	Gonçalo Ferreira	Cf Os Belenenses	16	M50	01:02:49	01:02:48
122	Jose Alves	Os Carregueirenses	18	M45	01:02:51	01:02:45
123	João Charrua	Individual	15	M35	01:02:53	01:02:48
124	Pedro Soares	Correr Lisboa	19	M45	01:02:56	01:02:51
125	Fábio Gonçalves	Casa Do Benfica Em Algueirão Mem Martins	30	M40	01:02:56	01:02:45
126	Daniel Silva	Cd Arneiro	29	M SEN	01:02:56	01:02:50
127	Jacinto Ferreira	Peniche A Correr	17	M50	01:03:00	01:02:52
128	Rui Sanches	Individual	16	M35	01:03:02	01:02:46
129	Filipe Gomes	Individual	31	M40	01:03:09	01:03:03
130	André Oliveira	Grupo Recreativo E Desportivo Ribeira Da Lage	17	M35	01:03:15	01:03:06
131	Ricardo Varela	Os Carregueirenses	20	M45	01:03:19	01:03:19
132	João Batalha	Individual	30	M SEN	01:03:25	01:02:37
133	José Silva	Individual	32	M40	01:03:27	01:03:17
134	Carlos Espanhol	Peniche A Correr	18	M35	01:03:28	01:03:26
135	Sérgio Dias	Individual	19	M35	01:03:31	01:03:12
136	Francisco Ribeiro	Amigos Do Atletismo De Mafra	18	M50	01:03:33	01:03:29
137	Mafalda Martinho	Federação Da Família Para A Paz Mundial E Unificação	4	F35	01:03:36	01:03:34
138	Anatolie Turcanu	Tricolor	21	M45	01:03:44	01:02:54
139	Alexandre Leal	Cdvp - Clube Desportivo Venda Do Pinheiro	22	M45	01:03:49	01:02:59
140	Ricardo Cardoso	Amigos Do Atletismo De Mafra	20	M35	01:03:51	01:03:45
141	Nuno Prazeres	Clube Millennium Bcp	9	M55	01:03:53	01:03:42
142	Mafalda Nogueira	Amigos Do Atletismo De Mafra	3	F SEN	01:03:56	01:03:53
143	Joaquim Alexandre	Alcobela	10	M55	01:04:02	01:03:37
144	Luis Marçal	Cf Os Belenenses	23	M45	01:04:05	01:04:01
145	Carlos Silva	Pernas Inertes Lentos Desde 2017	3	M60	01:04:10	01:03:59
146	Carlos Pedro	Clube Tap Portugal	19	M50	01:04:14	01:04:09
147	Miguel Ladeira	Clube4estilos	20	M50	01:04:17	01:04:04
148	José Simões	Linda-A-Pastora Sporting Clube	4	M60	01:04:21	01:04:12
149	Marcilon Silva	Santitreinos	33	M40	01:04:23	01:04:22
150	Samuel Galveia	Individual	34	M40	01:04:24	01:04:17
151	Alexandra Slayton	Cf Os Belenenses	5	F35	01:04:24	01:04:19
152	Ricardo Pinto	Grupo Desportivo Recreativo Da Reboleira	35	M40	01:04:24	01:04:14
153	André Coelho	Os Galgos	21	M50	01:04:25	01:04:11
154	Ricardo Rodrigues	Team El Comandante	24	M45	01:04:26	01:04:23
155	Carlos Taveira	Grd "Os Fixes"	22	M50	01:04:35	01:04:31
156	Ricardo Pereira	Grdc Leiao	23	M50	01:04:36	01:04:29
157	Rui Tomás	Srdrf Monte Godel	25	M45	01:04:41	01:04:35
158	Alexandre Pedrosa	Cf Os Belenenses	26	M45	01:04:41	01:04:36
159	Dulcinea Silva	Individual	1	F50	01:04:43	01:04:36
160	Carolina Marques	Caravela	4	F SEN	01:04:43	01:04:25
161	Camilo Tarmahomed	Academia Do Pro Peniche	24	M50	01:04:43	01:04:41
162	Luis Rio	Gdc Banco De Portugal	25	M50	01:04:54	01:04:42
163	Ricardo Alves	Ccd Tranquilidade	36	M40	01:04:57	01:04:43
164	Tiago Duarte	Amigos Do Atletismo De Mafra	37	M40	01:04:58	01:04:39
165	Novo Dorsal	Individual	38	M40	01:05:02	01:04:54
166	Roman Romanyuk	Individual	39	M40	01:05:03	01:04:57
167	Eurico Nicho	Os Galgos	5	M60	01:05:08	01:05:02
168	Vitor Martins	A Team Ageas	26	M50	01:05:11	01:04:21
169	Duarte Teixeira	Vamos Andando	31	M SEN	01:05:16	01:05:11
170	Tiago Mota	Hero Box	32	M SEN	01:05:16	01:05:09
171	Sandro Ferreira	Individual	33	M SEN	01:05:20	01:05:10
172	Nuno Reis	Ccd Tranquilidade	40	M40	01:05:23	01:05:08
173	Daniel Pedro	Individual	34	M SEN	01:05:26	01:05:11
174	Rui Heleno	Escola Das Armas	27	M45	01:05:27	01:05:17



# 40ª Corrida dos Sinos

## 07 abril 2024

### Resultados

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
175	Palmira Quinhama	Walkandrun/Werun	1	F45	01:05:32	01:05:26
176	Jeffrey Fleet	Ericeira Running	28	M45	01:05:33	01:05:13
177	André Mendes	Clube Millennium Bcp	35	M SEN	01:05:34	01:05:30
178	Bruno H.	Individual	21	M35	01:05:35	01:05:30
179	João Lopes	Capenaфирme	11	M55	01:05:36	01:05:27
180	Sívio Romão	Associação Sócio Cultural Do Vale Grande	41	M40	01:05:38	01:05:27
181	Luís Silva	Associação Sócio Cultural Do Vale Grande	42	M40	01:05:40	01:05:28
182	Valter Onofre	Runners Da Frente Ribeirinha Da Povoa De Santa Iria	29	M45	01:05:43	01:05:29
183	Luis Marques	Fidelidade Gdc	30	M45	01:05:45	01:05:37
184	André Pinheiro	Individual	36	M SEN	01:05:46	01:05:34
185	Micael Sales	Individual	37	M SEN	01:05:47	01:05:15
186	Carlos França	Cad A Correr	31	M45	01:05:50	01:05:38
187	João Lourenço	Amigos Do Atletismo De Mafra	38	M SEN	01:05:51	01:05:44
188	Mário Jerónimo	Ontrisports	27	M50	01:05:54	01:05:52
189	Paulo Pereira	Ccd Tranquilidade	12	M55	01:05:58	01:05:44
190	Miguel Soares	Individual	39	M SEN	01:06:02	01:05:56
191	Filipe Pestana	Individual	43	M40	01:06:08	01:05:49
192	João Santos	Nazaboboda	6	M60	01:06:09	01:06:04
193	Luis Filipe	Correr A 7 Pés Com Tranquilidade	44	M40	01:06:11	01:06:02
194	Carlos Baptista	Sporting Clube De Casainhos	7	M60	01:06:12	01:06:06
195	Carlos Rebelo	Capenaфирme	13	M55	01:06:12	01:05:58
196	Luís Oliveira	Casa Do Benfica Em Algueirão Mem Martins	28	M50	01:06:14	01:06:02
197	Bruno Canhão	Individual	22	M35	01:06:18	01:05:59
198	Miguel Miranda	Amigos Do Atletismo De Mafra	29	M50	01:06:28	01:06:22
199	Jorge Santana	Individual	45	M40	01:06:33	01:06:16
200	José Ferreira	Mtba	46	M40	01:06:34	01:06:30
201	Rui Silva	Nesha Hop & Run Team	23	M35	01:06:37	01:06:30
202	Nuno Pacheco	Bichos Do Figo	40	M SEN	01:06:38	01:06:38
203	Lénia Loureiro	Individual	3	F40	01:06:49	01:06:38
204	José Estrela	Individual	24	M35	01:06:54	01:06:45
205	Rui Carvalho	Bruxos Runners	32	M45	01:06:56	01:06:48
206	Jorge Neri	Individual	41	M SEN	01:06:57	01:06:23
207	Nelson Candeias	Individual	33	M45	01:07:00	01:06:30
208	Ricardo Jerez	Individual	34	M45	01:07:00	01:06:41
209	Manuel Lino	Os Carregueirenses	14	M55	01:07:01	01:06:34
210	Sergio Pontes	Individual	35	M45	01:07:01	01:06:35
211	Paulo Ramos	Individual	42	M SEN	01:07:03	01:06:43
212	Alexandre Alexandre	Ss Cgd	15	M55	01:07:03	01:06:53
213	Paulo Póvoa	Stravistas Venda Pinheiro	8	M60	01:07:06	01:06:58
214	Vanda Sequeira	Individual	2	F50	01:07:07	01:06:57
215	André Silva	Escola Das Armas	25	M35	01:07:10	01:06:36
216	Renato Rocha	Amigos Do Atletismo De Mafra	26	M35	01:07:13	01:07:02
217	Antonio Simoes	Cavf	36	M45	01:07:16	01:07:08
218	José Loureiro	Individual	43	M SEN	01:07:18	01:07:12
219	Carlos Escorcio	Cf Os Belenenses	27	M35	01:07:22	01:07:18
220	Avelino Soares	Cf Os Belenenses	16	M55	01:07:22	01:07:17
221	Filipe Rito	Individual	28	M35	01:07:23	01:07:10
222	José Ferreira	Individual	30	M50	01:07:25	01:07:12
223	Nuno Carioca	Run-Tejo Prevent Sprain	37	M45	01:07:29	01:06:58
224	Raquel Alved	Agualva Runners	1	F55	01:07:29	01:07:20
225	Carlos Gonçalves	Clube Novo Banco	31	M50	01:07:29	01:07:19
226	José Gomes	Agualva Runners	38	M45	01:07:30	01:07:20
227	João Carvalho	Amigos Do Atletismo De Mafra	44	M SEN	01:07:30	01:07:01
228	Pedro Goncalves	Os Galgos	39	M45	01:07:35	01:07:21
229	José Rodrigues	Escola Das Armas	47	M40	01:07:42	01:06:52
230	Novo Dorsal	Individual	48	M40	01:07:42	01:06:52
231	Henrique Francisco	Individual	45	M SEN	01:07:46	01:07:20
232	Rita Valente	Clube Tap Portugal	5	F SEN	01:07:47	01:07:40



# 40ª Corrida dos Sinos

## Resultados

### 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
233	Jorge Sirgado	Os Matrecos	17	M55	01:07:50	01:07:38
234	Orlando Ferreira	Atletas Do Parque	18	M55	01:07:50	01:07:44
235	Miguel Truninger	A Team Ageas	40	M45	01:07:51	01:07:40
236	Nuno Silva	Hecateam	49	M40	01:07:53	01:07:48
237	João Assunção	Sportisel	46	M SEN	01:07:54	01:07:41
238	Fernando Francisco	Individual	50	M40	01:07:56	01:07:32
239	Luis Lourenço	Dtc 21Dias	29	M35	01:07:56	01:07:52
240	Sílvia Gomes	Mtba	2	F45	01:07:58	01:07:51
241	Marco Charrua	Casa Do Benfica Em Algueirão Mem Martins	19	M55	01:08:02	01:07:50
242	Luis Silva	Individual	51	M40	01:08:05	01:07:53
243	Hiroshi Otsuka	Individual	9	M60	01:08:08	01:07:51
244	Rui Freitas	Gfd Running	41	M45	01:08:08	01:07:55
245	Daniel Rentschler	Ccd Siemens	52	M40	01:08:09	01:07:48
246	Sílvia Miranda	Amigos Do Atletismo De Mafra	4	F40	01:08:10	01:08:03
247	Pedro Carrasqueira	Srd Cheleirense	53	M40	01:08:11	01:08:00
248	Rui Ferreira	Casa Do Benfica Em Algueirão Mem Martins	42	M45	01:08:12	01:07:59
249	Helena Moreira	Hecateam	3	F45	01:08:12	01:08:07
250	Filipe Oliveira	Individual	43	M45	01:08:16	01:08:09
251	Carlos Calado	#Naotreinesnao	32	M50	01:08:20	01:08:11
252	Tiago Pereira	Individual	54	M40	01:08:25	01:08:14
253	Fábio Júlio	Aqualva Runners	30	M35	01:08:26	01:08:05
254	Henrique Ramos	Aqualva Runners	10	M60	01:08:26	01:08:15
255	Fernando Torcato	Hero Box	31	M35	01:08:28	01:08:01
256	João Ribeiro	Câmara Municipal Mafra	44	M45	01:08:28	01:07:52
257	João Passeiro	Individual	11	M60	01:08:28	01:08:15
258	Mario Santana	Clube Edp – Lisboa	55	M40	01:08:30	01:08:06
259	Virgílio Madeira	Ccd Tranquilidade	12	M60	01:08:30	01:08:17
260	Diamantino Gamito	Clube Tap Portugal	20	M55	01:08:35	01:08:27
261	José Silva	Individual	32	M35	01:08:37	01:08:26
262	Luis Ferreira	Gdct Unicre	45	M45	01:08:39	01:08:25
263	Rui Lacerda	Linda-A-Pastora Sporting Clube	33	M50	01:08:43	01:08:28
264	Francisco Semedo	Blade Runners	47	M SEN	01:08:44	01:08:21
265	Teresa Simoes	Cavf	4	F45	01:08:52	01:08:47
266	José Amaro	Liz Runners	46	M45	01:08:53	01:08:16
267	Eduardo Carmo	Individual	21	M55	01:08:54	01:08:23
268	Red Fisher	Amigos Do Atletismo De Mafra	47	M45	01:08:54	01:08:51
269	Rafael Abrunhosa	Individual	22	M55	01:08:56	01:08:27
270	Rute Matos	Run4fun	3	F50	01:09:00	01:08:48
271	Fatima Costa	Individual	6	F35	01:09:07	01:08:57
272	Paulo Tomás	Alcobela	34	M50	01:09:07	01:08:44
273	Anibal Gaspar	Ccd Alvitejo	35	M50	01:09:08	01:08:53
274	Silvério Correia	Grupo Desportivo Santander Totta	23	M55	01:09:10	01:08:58
275	Rui Feio	Individual	13	M60	01:09:10	01:09:06
276	José Lemos	Gdrc Ponterrolense	14	M60	01:09:11	01:09:11
277	Ricardo Silva	Individual	56	M40	01:09:13	01:08:53
278	João Limão	Individual	36	M50	01:09:14	01:08:57
279	Mário Cláudio	Ccd Tranquilidade	48	M45	01:09:20	01:08:42
280	António Ferreira	Ca Patameiras	57	M40	01:09:21	01:09:05
281	Mateus Coelho	Individual	33	M35	01:09:23	01:09:11
282	João Oliveira	Grupo Recreativo E Desportivo Ribeira Da Lage	24	M55	01:09:26	01:09:18
283	Leonardo Jesus	Alverca Urban Runners	34	M35	01:09:32	01:09:21
284	João Pedroso	Individual	48	M SEN	01:09:33	01:09:24
285	Carlos Serra	Capenafirme	49	M45	01:09:33	01:09:00
286	Sara Espanhol	Peniche A Correr	7	F35	01:09:34	01:09:27
287	Marco Timóteo	Individual	37	M50	01:09:34	01:09:26
288	Paulo Garcia	Garcia Runners	38	M50	01:09:34	01:09:14
289	Tiago Peralta	Amigos Do Atletismo De Mafra	58	M40	01:09:41	01:09:20
290	Manuel Pinto	Individual	25	M55	01:09:41	01:09:27



## Resultados

# 40ª Corrida dos Sinos

## 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
291	Nuno Gonçalves	Ca Patameiras	50	M45	01:09:43	01:09:26
292	João Canhoto	Correr Loures	39	M50	01:09:44	01:09:34
293	Duarte Costa	Serviços Sociais Montepio	59	M40	01:09:45	01:09:27
294	Jorge Gonçalves	Tálenos Team	60	M40	01:09:53	
295	Luís Sardinha	Nesha Hop & Run Team	35	M35	01:09:54	01:09:41
296	Maria Monteiro	Ontrisports	5	F40	01:09:55	01:09:46
297	Eduardo Tacanho	Grupo Btt Manteigas	51	M45	01:10:07	01:09:38
298	André Riscado	U.R.Charneca Trail Team	52	M45	01:10:07	01:10:07
299	Ana Santos	Amigos Do Atletismo De Mafra	4	F50	01:10:11	01:10:07
300	Nuno Beijoca	Ccd Tranquilidade	53	M45	01:10:14	01:09:57
301	Joao Braz	Individual	15	M60	01:10:15	01:10:08
302	Rui Sousa	Crc Marvila Jovem	49	M SEN	01:10:20	01:10:20
303	Marco Silva	Individual	54	M45	01:10:21	01:09:57
304	João Boaventura	Os Carregueirenses	50	M SEN	01:10:24	01:09:59
305	Paulo Monteiro	Ontrisports	40	M50	01:10:25	01:10:16
306	Jose Esteves	Tartarugas Solidarias	26	M55	01:10:28	01:10:21
307	Bento Quaresma	Linda-A-Pastora Sporting Clube	41	M50	01:10:33	01:10:18
308	Fábio Pereira	Sporting Clube De Casainhos	51	M SEN	01:10:33	01:10:24
309	Anabela Vinha	Walkandrun/Werun	6	F40	01:10:35	01:10:21
310	Rui Jesus	Linda-A-Pastora Sporting Clube	61	M40	01:10:36	01:10:11
311	Óscar Dias	Srdrf Monte Godel	36	M35	01:10:37	01:10:16
312	António Carlos	Amigos Do Atletismo De Mafra	27	M55	01:10:39	01:10:19
313	Nuno Nunes	Amigos Do Atletismo De Mafra	55	M45	01:10:42	01:10:37
314	Miguel Silva	Individual	52	M SEN	01:10:48	01:10:20
315	Pedro Antunes	Gdrc Ponterrolense	56	M45	01:10:49	01:10:38
316	Carlos Abrunhosa	Clube Millennium Bcp	42	M50	01:10:49	01:10:20
317	Jaime Mauricio	Demónios Do Lizandro	57	M45	01:10:49	01:10:32
318	Nuno Mota	Amigos Do Atletismo De Mafra	58	M45	01:10:51	01:10:36
319	Joaquim Chitas	Bobadelas Running Team	59	M45	01:10:52	01:10:23
320	Rui Martins	Bobadelas Running Team	53	M SEN	01:10:52	01:10:33
321	Luis Dias	Neves E Ferrão Lda	37	M35	01:10:56	01:10:08
322	Olga Almeida	Cf Os Belenenses	5	F45	01:10:57	01:10:48
323	Nuno Cabeça	Individual	43	M50	01:10:57	01:10:50
324	Bruno Serra	Individual	38	M35	01:10:59	01:10:50
325	Rui Vieitas	Individual	60	M45	01:11:01	01:10:52
326	José Marcelino	Grupo Desportivo Recreativo Da Reboleira	16	M60	01:11:01	01:10:52
327	Arlindo Paixão	G.D. São Domingos	17	M60	01:11:03	01:10:57
328	Joaquim Rodrigues	Os Carregueirenses	44	M50	01:11:03	01:10:57
329	Pedro Vicente	Individual	28	M55	01:11:05	01:10:42
330	João Cardoso	Individual	54	M SEN	01:11:07	01:10:44
331	João Henriques	Ss Cgd	61	M45	01:11:07	01:10:55
332	Isabel Santos	Federação Da Família Para A Paz Mundial E Unificação	5	F50	01:11:11	01:11:05
333	Bruno Marques	Individual	39	M35	01:11:14	01:10:59
334	Paulo Ramos	Individual	29	M55	01:11:14	01:10:58
335	Clara Carvalho	Rwl	6	F SEN	01:11:16	01:10:45
336	Ângelo Mendes	Grupo Desportivo Os Amarelos	45	M50	01:11:18	01:10:42
337	André Rodrigues	Individual	55	M SEN	01:11:21	01:10:25
338	Ruben Félix	Escola Das Armas	56	M SEN	01:11:22	01:10:17
339	Luís Gregório	Câmara Municipal Mafra	40	M35	01:11:25	01:11:02
340	Pedro Gomes	Capenafirme	57	M SEN	01:11:27	01:11:13
341	Nuno Filipe	Sport Clube Casal Mourão	62	M40	01:11:27	01:10:54
342	António Godinho	Sporting Clube De Casainhos	62	M45	01:11:27	01:10:52
343	Pedro Correia	Grupo Desportivo Os Amarelos	46	M50	01:11:28	01:10:51
344	Daniel Gaspar	Individual	58	M SEN	01:11:28	01:11:19
345	Nélio Barreiro	Amigos Do Atletismo De Mafra	63	M45	01:11:29	01:11:21
346	Camilo Vieira	Individual	30	M55	01:11:30	01:11:19
347	João Caçador	Nesha Hop & Run Team	41	M35	01:11:31	01:11:23
348	Vasco Agostinho	Grupo Desportivo Os Amarelos	31	M55	01:11:31	01:10:53



## Resultados

# 40ª Corrida dos Sinos

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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
349	Paulo Cruz	Individual	47	M50	01:11:31	01:11:04
350	João Branco	Amigos Do Atletismo De Mafra	63	M40	01:11:33	01:11:23
351	Hugo Moreira	Lebres Do Oeste	64	M40	01:11:34	01:11:18
352	Pedro Pinheiro	Correr Lisboa	48	M50	01:11:35	01:11:20
353	Lídia Pinto	Amigos Do Atletismo De Mafra	7	F SEN	01:11:35	01:11:29
354	Hugo Fuzeta	Tálenitos Team	59	M SEN	01:11:37	01:11:04
355	Diogo Alves	Offimits	42	M35	01:11:37	01:11:34
356	Tiago Alves	Run-Tejo Prevent Sprain	60	M SEN	01:11:38	01:11:33
357	Pedro Nobre	Tálenitos Team	64	M45	01:11:38	01:11:31
358	Ana Almeida	Linda-A-Pastora Sporting Clube	6	F45	01:11:39	01:11:18
359	Frederico Nobre	Clube Atletismo Amigos De Belém	65	M45	01:11:42	01:11:29
360	Mário Neto	Amigos Do Atletismo De Mafra	49	M50	01:11:43	01:11:14
361	Iris Bota	Amigos Do Atletismo De Mafra	8	F SEN	01:11:43	01:11:39
362	Paulo Coelho	Grupo Desportivo Santander Totta	18	M60	01:11:45	01:11:31
363	Pedro Esteves	Amigos Do Atletismo De Mafra	32	M55	01:11:48	01:11:22
364	Jaime Lamego	Individual	19	M60	01:11:48	01:11:39
365	Francisco Rodrigues	Os Galgos	20	M60	01:11:51	01:11:43
366	Bruno Barros	Papatrilhos	65	M40	01:11:53	01:11:39
367	Pedro Figueiredo	2Pipos	66	M45	01:11:54	01:10:52
368	Tiago Baleia	Caracóis De Pedra	67	M45	01:11:54	01:11:19
369	Pedro Almeida	Individual	50	M50	01:11:58	01:11:47
370	João Lourenço	Bilsteingroup	61	M SEN	01:11:59	01:11:46
371	Anatolie Popovici	Tricolor	66	M40	01:11:59	01:11:07
372	Olga Araujo	Federação Da Família Para A Paz Mundial E Unificação	7	F40	01:12:01	01:11:54
373	Carlos Rosado	Clube Rugby Juromenha	33	M55	01:12:01	01:11:49
374	Élio Rodrigues	Caretos.Ocr	67	M40	01:12:08	01:11:10
375	Joao Fernandes	B.E.J.A	68	M40	01:12:12	01:11:59
376	Patrícia Costa	Associação Sócio Cultural Do Vale Grande	8	F35	01:12:13	01:12:00
377	Filipe Branco	Alcobela	51	M50	01:12:17	01:12:02
378	Phillip José	Linda-A-Pastora Sporting Clube	43	M35	01:12:17	01:11:16
379	João Pinto	Individual	68	M45	01:12:20	01:12:04
380	Carlos Reis	Tagarelas	44	M35	01:12:30	01:11:53
381	Pedro Santos	Srdrf Monte Godel	52	M50	01:12:32	01:12:10
382	Rui Bernardo	Individual	69	M40	01:12:33	01:12:24
383	Jose Cruz	Am 18 De Maio	69	M45	01:12:33	01:11:57
384	João Valhelhas	Câmara Lisboa Clube	53	M50	01:12:33	01:11:18
385	Baltasar Matias	Individual	70	M40	01:12:41	01:12:26
386	Hélio Freixo	4Amigos	62	M SEN	01:12:45	01:12:25
387	Eugénia Izaías	Federação Da Família Para A Paz Mundial E Unificação	1	F60	01:12:45	01:12:41
388	Graciano Cardoso	Hero Box	71	M40	01:12:45	01:12:34
389	Ricardo Menino	Grupo Desportivo Santander Totta	45	M35	01:12:48	01:12:13
390	Rui Sales	Os Carregueirenses	34	M55	01:12:52	01:11:59
391	Margarida Pereira	Individual	9	F SEN	01:12:53	01:12:36
392	João Fulgêncio	Individual	46	M35	01:12:53	01:12:37
393	Rogério Silva	Individual	70	M45	01:12:58	01:12:41
394	Nuno Pintão	Individual	54	M50	01:13:00	01:12:45
395	Paulo Patrocinio	Clube Millennium Bcp	63	M SEN	01:13:00	01:12:38
396	Pedro Ramos	Câmara Municipal Mafra	72	M40	01:13:01	01:12:36
397	Diogo Esteves	Individual	47	M35	01:13:01	01:12:41
398	Inês Tomé	Triatlo Clube Da Lourinhã	8	F40	01:13:02	01:12:46
399	Pedro Sanguino	Clube Novo Banco	73	M40	01:13:05	01:12:26
400	José Ramada	Individual	64	M SEN	01:13:06	01:12:36
401	João Seabra	Individual	65	M SEN	01:13:07	01:12:36
402	Abel Pina	Gfd Running	35	M55	01:13:09	01:12:57
403	Diogo Loução	Individual	66	M SEN	01:13:10	01:12:39
404	Ricardo Margarido	Amigos Do Atletismo De Mafra	74	M40	01:13:11	01:12:51
405	Rafael Abegão	Individual	67	M SEN	01:13:11	01:12:24
406	João Batalha	Individual	71	M45	01:13:12	01:12:39



## Resultados

# 40ª Corrida dos Sinos

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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
407	Angelo Luis	Individual	75	M40	01:13:14	01:12:42
408	Carlos Santos	Câmara Lisboa Clube	21	M60	01:13:15	01:12:04
409	Mariana Varela	Câmara Municipal Mafra	10	F SEN	01:13:17	01:12:55
410	Anastacio Valadas	Grupo Desportivo Santander Totta	22	M60	01:13:18	01:13:06
411	José Pereira	Grupo Desportivo Santander Totta	55	M50	01:13:21	01:12:41
412	Artur Saramago	Individual	68	M SEN	01:13:28	01:13:10
413	Luis Junqueiro	Individual	72	M45	01:13:28	01:13:09
414	Nuno Verdasca	Individual	56	M50	01:13:31	01:13:13
415	Vicente Lopes	Individual	69	M SEN	01:13:31	01:13:02
416	Fernando Costa	Individual	57	M50	01:13:32	01:13:28
417	Fábio Alves	Individual	48	M35	01:13:32	01:13:14
418	Ricardo Silva	Hero Box	76	M40	01:13:32	01:12:51
419	Paulo Fernandes	Individual	36	M55	01:13:32	01:13:14
420	Sérgio Paz	Individual	58	M50	01:13:33	01:13:11
421	Nuno Salgado	Cavf	73	M45	01:13:34	01:13:24
422	Tomás Grilo	Srd Cheleirense	70	M SEN	01:13:40	01:13:05
423	Helmuth Bormann	Individual	23	M60	01:13:42	01:13:09
424	Leonel Alves	Fast And Furious	74	M45	01:13:47	01:13:33
425	Vitor Jeronimo	Sporting Clube Vila Maria	49	M35	01:13:50	01:13:12
426	Pedro Serrao	Come+Corre	50	M35	01:13:51	01:12:45
427	Júlio Teodoro	Individual	59	M50	01:13:51	01:13:37
428	José Maio	Cd Arneiro	24	M60	01:13:56	01:13:49
429	Rui Sousa	Ontrisports	75	M45	01:13:57	01:13:43
430	António Guerreiro	Amigos Do Atletismo De Mafra	25	M60	01:13:58	01:13:47
431	Fabianne Pinheiro	Coach Sérgio Silva	9	F40	01:14:01	01:13:43
432	Ana Frutuoso	Linda-A-Pastora Sporting Clube	6	F50	01:14:02	01:13:53
433	Rui Antunes	Individual	37	M55	01:14:07	01:13:56
434	Patrícia Matos	Linda-A-Pastora Sporting Clube	7	F50	01:14:11	01:14:02
435	Alberto Santos	Águias Da Estrada	26	M60	01:14:13	01:14:03
436	José Fidalgo	Agualva Runners	38	M55	01:14:13	01:14:03
437	Thijs Neering	Individual	51	M35	01:14:15	01:13:14
438	João Ribeiro	Individual	76	M45	01:14:16	01:13:58
439	João Cadete	Lx Run - Juntos Somos Fortes	71	M SEN	01:14:24	01:13:46
440	Manuel Ferreira	Individual	39	M55	01:14:24	01:13:57
441	Emiberta Silva	Associação Sócio Cultural Do Vale Grande	10	F40	01:14:25	01:14:15
442	Virgínio Pateiro	Individual	60	M50	01:14:27	01:13:45
443	Juan Costa	Individual	40	M55	01:14:29	01:14:18
444	Ângelo Fernandes	Individual	77	M40	01:14:30	01:13:32
445	Xhervelle Chantal	Simius	2	F55	01:14:30	01:14:25
446	Jose Silva	Clube Desportivo De Mafra	41	M55	01:14:31	01:14:21
447	Patrícia Nunes	Individual	11	F40	01:14:32	01:14:02
448	Ricardo Mendes	Clube Millennium Bcp	61	M50	01:14:33	01:14:28
449	Valter Duarte	Individual	78	M40	01:14:34	01:14:22
450	Jacinto Soares	Os Carregueirenses	79	M40	01:14:35	01:14:01
451	Alexandra Machado	Individual	12	F40	01:14:44	01:14:15
452	Gonçalo Duarte	Gdc Banco De Portugal	52	M35	01:14:44	01:14:08
453	Mário Domingues	Câmara Municipal Mafra	72	M SEN	01:14:44	01:14:19
454	Filipe Silva	Hovione	77	M45	01:14:50	01:14:28
455	Tiago Pinto	Correr Lisboa	78	M45	01:14:51	01:14:30
456	Antonio Xavier	Apogma	42	M55	01:14:53	01:14:27
457	Eurico Teixeira	Individual	79	M45	01:14:53	01:14:38
458	Migdon Batalha	Individual	73	M SEN	01:14:54	01:14:29
459	João Navarro	Caracóis Do Moniz Pereira	80	M45	01:14:55	01:14:31
460	José Bárbara	Águias Da Estrada	43	M55	01:15:00	01:14:49
461	Alexandre Sandinha	Run & Win(E)	53	M35	01:15:01	01:14:35
462	Eduardo Fernandes	Panda E Os Maricas	74	M SEN	01:15:09	01:14:18
463	Mário Lúcio	Let`S Go	27	M60	01:15:09	01:14:27
464	Catarina Carreira	Linda-A-Pastora Sporting Clube	11	F SEN	01:15:09	01:15:05



## Resultados

# 40ª Corrida dos Sinos

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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
465	Jacinto Branco	Amigos Do Atletismo De Mafra	80	M40	01:15:13	01:14:27
466	Nuno Neves	Trilhos & Tralhos - Ericeira	81	M45	01:15:16	01:14:10
467	Simão Teixeira	Individual	75	M SEN	01:15:17	01:14:38
468	Sofia Reis	Individual	12	F SEN	01:15:21	01:15:00
469	Paulo Franco	Casa Viva	81	M40	01:15:24	01:15:24
470	Frederico Costa	Individual	76	M SEN	01:15:25	01:14:31
471	Rui Pinto	Crc Marvila Jovem	82	M45	01:15:29	01:15:16
472	Carlos Faria	Correr Lisboa	62	M50	01:15:33	01:15:15
473	Ricardo Sousa	Serviços Sociais Montepio	82	M40	01:15:34	01:15:03
474	Alexandre Agostinho	Gdc Banco De Portugal	83	M45	01:15:35	01:14:36
475	Carlos Machado	Alverca Urban Runners	84	M45	01:15:40	01:14:59
476	João Figueiredo	Câmara Lisboa Clube	28	M60	01:15:46	01:15:14
477	Sandra Gonçalves	Capenafirme	7	F45	01:15:47	01:14:58
478	Cláudia Franco	Hero Box	13	F SEN	01:15:47	01:14:43
479	Ricardo Matias	Individual	85	M45	01:15:53	01:15:37
480	António Silva	Individual	86	M45	01:15:55	01:15:02
481	José Gonçalves	Amigos Do Atletismo De Mafra	44	M55	01:16:03	01:15:56
482	Filomena Santos	Ajax Odivelas	8	F50	01:16:03	01:15:48
483	Ricardo Dias	Individual	77	M SEN	01:16:03	01:15:38
484	Pedro Paulo	Grupo Desportivo Santander Totta	87	M45	01:16:03	01:15:20
485	Delfim Ferreira	Delfim	78	M SEN	01:16:07	01:15:20
486	Diogo Santos	Caracóis De Pedra	79	M SEN	01:16:09	01:15:19
487	João Neves	Individual	80	M SEN	01:16:10	01:14:50
488	Rui Pastor	Ccdtmetrolx	63	M50	01:16:13	01:15:33
489	Catarina Afonso	Grupo Alegre E Unido	13	F40	01:16:13	
490	José Afonso	Amigos Do Atletismo De Mafra	81	M SEN	01:16:14	01:15:16
491	Nuno Cabrita	Individual	88	M45	01:16:14	01:15:21
492	Jose Cantinha	Individual	82	M SEN	01:16:15	01:15:56
493	Daniel Filipe	Individual	83	M SEN	01:16:15	01:15:49
494	Su Raposo	Linda-A-Pastora Sporting Clube	8	F45	01:16:16	01:16:07
495	Luis Loureiro	Individual	83	M40	01:16:17	01:15:48
496	Rui Costa	Individual	54	M35	01:16:20	01:16:12
497	Billy Santos	Triatlo Clube Da Lourinhã	89	M45	01:16:22	01:16:06
498	Helena Martins	Amigos Do Atletismo De Mafra	2	F60	01:16:26	01:16:22
499	Paulo Franco	Individual	64	M50	01:16:31	01:16:07
500	Bruno Dias	Individual	55	M35	01:16:34	01:15:55
501	Nuno Dias	Individual	56	M35	01:16:34	01:15:55
502	Fernando Lopes	Treino Personalizado Mário Sá	65	M50	01:16:34	01:15:41
503	Mário Sá	Treino Personalizado Mário Sá	84	M40	01:16:34	01:15:42
504	João Grilo	Srd Cheleirense	57	M35	01:16:36	01:16:02
505	Luis Ferreira	Associação Desportiva De Palmeiros Sintra	90	M45	01:16:36	01:16:02
506	Mónica Martins	Gdc Banco De Portugal	14	F SEN	01:16:36	01:15:21
507	Francisco Vieira	Individual	58	M35	01:16:36	01:16:03
508	Sergio Cruz	Gfd Running	66	M50	01:16:39	01:15:45
509	Mário Pinheiro	A Team Ageas	67	M50	01:16:42	01:16:27
510	Arlinda Furtado	Cmco	9	F35	01:16:43	01:16:35
511	Luís Ribeiro	Individual	91	M45	01:16:43	01:16:29
512	Sérgio Figueiras	Securnet	92	M45	01:16:45	01:15:52
513	Samuel Lourenço	Individual	84	M SEN	01:16:52	01:16:26
514	Luís Miguel	Individual	93	M45	01:16:52	01:16:23
515	Carlos Fortunato	Cf Os Belenenses	29	M60	01:16:54	01:16:36
516	Paulo Guedes	Individual	94	M45	01:16:55	01:16:30
517	Duarte Alves	Clube Novo Banco	85	M SEN	01:16:56	01:16:26
518	Daniel Antunes	Fvseguros	86	M SEN	01:17:00	01:16:20
519	Pedro Carvalho	Ontrisports	95	M45	01:17:00	01:16:45
520	Eduardo Neves	Clube Atletismo Amigos De Belém	85	M40	01:17:01	01:16:52
521	Pedro Nobre	Individual	87	M SEN	01:17:06	01:16:34
522	Francisco Costa	Individual	88	M SEN	01:17:10	01:16:35



# 40ª Corrida dos Sinos

## Resultados

### 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
523	Cristina Carvalho	Casa Do Benfica Em Algueirão Mem Martins	9	F50	01:17:14	01:17:01
524	Ricardo Firmino	Clube Edp – Lisboa	96	M45	01:17:15	01:16:44
525	Julia Schiavon	Individual	14	F40	01:17:16	01:16:56
526	Miguel Bernardo	Twopikas	68	M50	01:17:16	01:16:50
527	Rodrigo Santos	Individual	69	M50	01:17:20	01:16:59
528	Bruno Reis	Individual	97	M45	01:17:20	01:17:00
529	Pedro Macário	Sporting Clube De Casainhos	86	M40	01:17:21	01:16:47
530	Hugo Mendonça	Sporting Clube De Casainhos	98	M45	01:17:21	01:16:22
531	Bruno Henriques	Individual	89	M SEN	01:17:22	01:16:30
532	Jorge Santana	Amigos Do Atletismo De Mafra	70	M50	01:17:24	01:17:02
533	Joao Paulo	Triatlo Clube Da Lourinhã	71	M50	01:17:26	01:17:09
534	Filipe Costa	Encontro D'Iguarias Running Team	87	M40	01:17:26	01:16:07
535	Carlos Augusto	Clube Hiper-Activo Malveira	45	M55	01:17:28	01:16:50
536	Humberto Borges	Lesmas	46	M55	01:17:29	01:17:22
537	André Mota	Alcobela	99	M45	01:17:30	01:17:08
538	Rita Vicente	Gdrc Ponterrolense	15	F SEN	01:17:31	01:16:57
539	Rui Morais	Amigos Do Atletismo De Mafra	90	M SEN	01:17:33	01:16:16
540	José Luis	Clube Desportivo De Mafra	72	M50	01:17:33	01:17:25
541	Pedro Duarte	Individual	73	M50	01:17:36	01:17:24
542	Pedro Vilela	Aminhacorrida/Runextrem	88	M40	01:17:37	01:17:30
543	João Pereira	Individual	74	M50	01:17:39	01:17:03
544	Daniel Pinto	Brrmighrunners	91	M SEN	01:17:40	01:17:07
545	Marta Pozzi	Individual	16	F SEN	01:17:41	01:16:41
546	Susana Morais	Trilhos Do Costume	9	F45	01:17:42	01:17:32
547	Pedro Miguel	Gazelas	92	M SEN	01:17:44	01:17:12
548	Carlos Luis	Individual	47	M55	01:17:45	01:17:37
549	Joana Pinto	Capenafirme	17	F SEN	01:17:46	01:17:28
550	Guilherme Dias	Mal-Amém	93	M SEN	01:17:54	01:17:12
551	Armando Parreira	Armada Torriense	48	M55	01:17:55	01:17:19
552	Carla Pedrosa	Cf Os Belenenses	10	F50	01:17:57	01:17:49
553	Mafalda Ribeiro	Insane´S Team	15	F40	01:17:57	01:17:15
554	Rui Santos	30 Segundos Ao Km	89	M40	01:18:02	01:17:53
555	Evandro López	Linda-A-Pastora Sporting Clube	90	M40	01:18:06	01:17:21
556	Natalia Estevao	Gdu Ericeirense	16	F40	01:18:07	01:17:51
557	Nuno Carvalho	Individual	94	M SEN	01:18:10	01:17:55
558	Bruno Mateus	Bobadelas Running Team	95	M SEN	01:18:11	01:17:53
559	Hélder Luís	Individual	75	M50	01:18:12	01:17:01
560	Inês Pinhal	Individual	18	F SEN	01:18:13	01:17:11
561	Francisca Martins	A Team Ageas	19	F SEN	01:18:16	01:17:20
562	Pedro Gomes	Individual	96	M SEN	01:18:18	01:17:43
563	Nuno Chibante	Bilsteingroup	91	M40	01:18:20	01:17:39
564	Sofia Pinheiro	Individual	10	F45	01:18:21	01:17:55
565	Liliana Louro	Gfd Running	11	F45	01:18:30	01:17:35
566	Márcia Souza	Caracóis Do Moniz Pereira	11	F50	01:18:30	01:17:58
567	Carlos Cordeiro	Peniche A Correr	30	M60	01:18:30	01:18:22
568	Jose Ferreira	Individual	31	M60	01:18:31	01:18:02
569	Carlos Neves	Individual	32	M60	01:18:33	01:17:39
570	João Marques	Individual	100	M45	01:18:33	01:17:53
571	Sofia Gabriel	Ccd Crédito Agrícola	20	F SEN	01:18:36	01:18:26
572	Antonio Amaral	Ccd Crédito Agrícola	49	M55	01:18:37	01:18:18
573	Márcio Rodrigues	Amigos Do Atletismo De Mafra	101	M45	01:18:38	01:18:02
574	Sandra Monteiro	Linda-A-Pastora Sporting Clube	12	F45	01:18:42	01:18:14
575	Raquel Pedrosa	Veteranos Do Lis	21	F SEN	01:18:42	01:18:34
576	Sonia Carvalho	Individual	13	F45	01:18:45	01:17:50
577	Jaime Simões	Amigos Do Atletismo De Mafra	102	M45	01:18:47	01:18:33
578	Gonçalo Martins	Câmara Lisboa Clube	59	M35	01:18:48	01:17:18
579	Henrique Martins	Câmara Lisboa Clube	60	M35	01:18:48	01:17:33
580	Paulo Vivas	Correr Lisboa	103	M45	01:18:48	01:18:06



## Resultados

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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
581	Ricardo Gonçalves	A Team Ageas	97	M SEN	01:18:59	01:18:02
582	Hugo Pereira	Bobadelas Running Team	92	M40	01:19:00	01:18:33
583	Guy Griffin	Individual	76	M50	01:19:00	01:18:14
584	Nelson Almendra	Hero Box	61	M35	01:19:06	01:18:43
585	David Simão	Correr Lisboa	77	M50	01:19:16	01:18:55
586	José Tavares	Correr Lisboa	50	M55	01:19:16	01:18:53
587	Jorge Rosa	Crc Marvila Jovem	51	M55	01:19:19	01:18:40
588	Luís Pestana	Individual	78	M50	01:19:20	01:18:17
589	Pedro Batalha	Amigos Do Atletismo De Mafra	98	M SEN	01:19:25	01:18:25
590	João Faro	Escola Das Armas	99	M SEN	01:19:26	01:18:40
591	Nuno Oliveira	Individual	104	M45	01:19:29	01:18:39
592	Vítor Nunes	Amigos Do Atletismo De Mafra	62	M35	01:19:31	01:19:13
593	Francisco Carreira	Individual	93	M40	01:19:35	01:18:34
594	Tiago Lança	Sporting Clube Vila Maria	94	M40	01:19:38	01:19:01
595	Teresa Sepúlveda	Clube Tap Portugal	17	F40	01:19:39	01:19:16
596	Vítor Moraes	Individual	33	M60	01:19:39	01:19:00
597	Cíntia Mariano	Run & Win(E)	18	F40	01:19:44	01:18:58
598	Bruno Rosário	Sporting Clube Vila Maria	63	M35	01:19:44	01:19:07
599	Carlos Costa	Casa Do Benfica Em Algueirão Mem Martins	52	M55	01:19:46	01:19:34
600	David Gregório	Hero Box	100	M SEN	01:19:48	01:19:29
601	Márcio Gomes	Individual	101	M SEN	01:19:51	01:18:41
602	Manuel Nogueira	Individual	105	M45	01:19:58	01:19:31
603	João Henriques	Ccd Crédito Agrícola	34	M60	01:19:59	01:19:25
604	Paulo Nunes	Individual	102	M SEN	01:19:59	01:18:42
605	Vítor Caetano	Individual	103	M SEN	01:20:01	01:19:03
606	Luís Ferreira	Individual	79	M50	01:20:01	01:19:51
607	Ana Letra	Linda-A-Pastora Sporting Clube	12	F50	01:20:02	01:19:47
608	Paulo Barbosa	Frutop	80	M50	01:20:02	01:19:36
609	José Guerreiro	Serviços Sociais Montepio	35	M60	01:20:04	01:19:32
610	João Gomes	Vila Velha Running Team	104	M SEN	01:20:07	01:19:44
611	Paulo Mamede	Los Coños Del Cabrita	105	M SEN	01:20:08	01:18:51
612	Luis Gomes	Individual	106	M45	01:20:08	01:19:15
613	Carlos Teixeira	Individual	36	M60	01:20:09	01:19:43
614	Luis Nunes	Crc Marvila Jovem	107	M45	01:20:10	01:19:57
615	Maria Madeira	Individual	13	F50	01:20:13	01:19:12
616	Paulo Duarte	Individual	108	M45	01:20:27	01:19:36
617	Alfredo Valente	Casa Do Benfica Do Seixal	37	M60	01:20:28	01:20:15
618	Duarte Costa	Federação Da Família Para A Paz Mundial E Unificação	95	M40	01:20:37	01:20:31
619	Pedro Santos	Individual	109	M45	01:20:37	01:20:30
620	Diogo Inácio	Individual	64	M35	01:20:39	01:19:58
621	João Cadete	Lx Run - Juntos Somos Fortes	53	M55	01:20:41	01:19:40
622	Petru Cesenco	Injectgás	110	M45	01:20:42	
623	Alexandre Dâmaso	Ccd Crédito Agrícola	54	M55	01:20:43	01:20:11
624	Germano Silva	Individual	38	M60	01:20:44	01:20:22
625	Carlos Antunes	Individual	111	M45	01:20:55	01:20:19
626	João Infante	Linda-A-Pastora Sporting Clube	39	M60	01:20:57	01:20:32
627	Alexandre Rodrigues	Grupo Recreativo Gonçalvesinhense	106	M SEN	01:20:58	01:20:26
628	Ricardo Almeida	Individual	107	M SEN	01:21:02	01:20:50
629	Jorge Rebelo	Grd "Os Fixes"	40	M60	01:21:03	01:20:40
630	Pedro Ramos	Trilhos Do Costume	55	M55	01:21:06	01:20:52
631	Ricardo Faria	Linda-A-Pastora Sporting Clube	81	M50	01:21:09	01:20:45
632	Ernesto Cruz	Individual	112	M45	01:21:11	01:20:09
633	Miguel Farropo	Individual	113	M45	01:21:13	01:20:35
634	Nuno Taxa	Vodafone	114	M45	01:21:19	01:20:45
635	Manuel Almeida	Lá Vão De Almeirim	41	M60	01:21:19	01:21:09
636	Carlos Caeiro	Aminhacorrída/Runextrem	82	M50	01:21:19	01:20:59
636	Sara Campos	Gfd Running	14	F50	01:21:19	01:21:00
637	Rogério Batalha	Os Troca-Tintas	108	M SEN	01:21:20	01:20:23



## Resultados

# 40ª Corrida dos Sinos

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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
638	Eduardo Barradas	Amigos Do Atletismo De Mafra	96	M40	01:21:22	01:21:05
639	Cláudio Silva	Clube Desportivo De Mafra	97	M40	01:21:23	01:21:08
640	Paula Severino	Run & Win(E)	22	F SEN	01:21:24	01:20:41
641	Jose Gaspar	Quarteto	83	M50	01:21:28	01:20:39
642	Rui Figueiredo	Quarteto	115	M45	01:21:28	01:20:40
643	Eduardo Coelho	A Team Ageas	98	M40	01:21:28	01:21:02
644	João Páscoa	Tálenos Team	56	M55	01:21:31	01:21:08
645	Vasco Carvalho	Individual	116	M45	01:21:31	01:20:36
646	José Campos	Individual	42	M60	01:21:32	01:21:12
647	Sebastian Mazur	Ccd Siemens	109	M SEN	01:21:32	01:21:12
648	Gilberto Paulino	Tálenos Team	57	M55	01:21:32	01:20:49
649	Sofia Vaz	Individual	23	F SEN	01:21:33	01:21:23
650	Jéssica Canudo	Individual	24	F SEN	01:21:33	01:21:21
651	João Pereira	Individual	99	M40	01:21:33	01:20:26
652	João Frazão	Grupo Desportivo Santander Totta	100	M40	01:21:39	01:21:04
653	Carlos Isidoro	Rbw Cycling Team	58	M55	01:21:41	01:21:13
654	Jose Marques	Clube Millennium Bcp	84	M50	01:21:42	01:21:17
655	Nilton Carvalho	Individual	101	M40	01:21:43	01:20:51
656	Nuno Marçal	Escola Das Armas	102	M40	01:21:45	01:21:12
657	José Santos	Individual	103	M40	01:21:46	01:20:26
658	Ivandro Moreira	Aqualva Runners	65	M35	01:21:51	01:21:16
659	Henrique Costa	Individual	43	M60	01:21:52	01:20:54
660	José Marques	Gmcjamor	44	M60	01:21:52	01:21:34
661	João Lourenço	Clube Edp – Lisboa	104	M40	01:21:52	01:21:27
662	Nuno Silva	Nesha Hop & Run Team	110	M SEN	01:21:54	01:20:40
663	Filipe Luís	Individual	105	M40	01:21:55	01:20:42
664	Sérgio Costa	Aqualva Runners	66	M35	01:21:56	01:21:36
665	Mauro Ruivo	Srd Cheleirense	111	M SEN	01:21:58	01:21:20
666	Pedro Cabrita	Hipoloeste Full Energy	112	M SEN	01:21:58	01:21:37
667	Paulo Moreira	Individual	59	M55	01:22:02	01:21:30
668	Elizete Duarte	Ccd Tranquilidade	15	F50	01:22:10	01:21:36
669	Pedro Vicente	Ccd Crédito Agrícola	117	M45	01:22:11	01:21:28
670	Jorge Gonçalves	Clube Tap Portugal	67	M35	01:22:18	01:21:47
671	João Melo	Quarteto Fantástico	106	M40	01:22:19	01:21:29
672	Luis Godinho	Clube Vodafone	85	M50	01:22:19	01:21:54
673	Manuel Mota	Individual	86	M50	01:22:20	01:21:55
674	Flávio Ferreira	Individual	118	M45	01:22:21	01:21:43
675	Andreia Pereira	Hero Box	19	F40	01:22:22	01:21:59
676	Rui Afonso	Cf Os Belenenses	60	M55	01:22:23	01:22:05
677	Luis Luciano	Cf Os Belenenses	61	M55	01:22:24	01:22:05
678	Miguel Mana	Zekinhas	107	M40	01:22:27	01:21:06
679	Nuno Valente	Clube Novo Banco	108	M40	01:22:27	01:21:27
680	Luis Ferreira	Alcobela	62	M55	01:22:30	01:21:37
681	Bruno Albino	Individual	119	M45	01:22:30	01:21:39
682	Agostinho Marques	Asas Almada/Seixal	45	M60	01:22:31	01:21:29
683	Rui Graça	Ccd Crédito Agrícola	46	M60	01:22:32	01:21:44
684	Tomás Morgado	Individual	113	M SEN	01:22:40	01:22:14
685	Cecilia Nicolau	A.A. Lebres Do Sado	3	F55	01:22:42	01:22:18
686	Joao Silva	Amigos Do Atletismo De Mafra	87	M50	01:22:43	01:22:28
687	Fernando Andrade	Ccd Tranquilidade	47	M60	01:22:46	01:22:10
688	Pedro Lopes	Stravistas Venda Pinheiro	120	M45	01:22:46	01:22:18
689	Fernando Matias	Individual	48	M60	01:22:51	01:22:24
690	José Correia	Stravistas Venda Pinheiro	49	M60	01:22:57	01:22:32
691	Manuel Pires	Individual	50	M60	01:22:57	01:22:31
692	Nuno Lucas	Tálenos Team	88	M50	01:23:00	01:22:22
693	Rui Santos	Correr Em Évora	89	M50	01:23:03	01:22:25
694	Nuno Estrangeiro	Individual	109	M40	01:23:06	01:22:47
695	Douglas Fry	Amigos Do Atletismo De Mafra	51	M60	01:23:07	01:22:15



# Resultados

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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
696	Joao Rodrigues	Individual	90	M50	01:23:10	01:22:11
697	Paulo Barata	Individual	91	M50	01:23:10	01:22:11
698	Paulo Valente	Individual	68	M35	01:23:10	01:22:23
699	Amândio Antunes	Individual	121	M45	01:23:19	01:22:16
700	Rogério Madeira	Câmara Municipal Mafra	110	M40	01:23:20	01:22:30
701	Claudio Coelho	Individual	69	M35	01:23:20	01:23:05
702	Tomás Almeida	Individual	114	M SEN	01:23:21	01:22:50
703	Fernando Marcos	Individual	63	M55	01:23:24	01:22:24
704	Vitor Colela	Individual	92	M50	01:23:25	01:22:33
705	Patricia Xavier	Casa Do Benfica Em Algueirão Mem Martins	14	F45	01:23:26	01:23:16
706	Pedro Rosa	Individual	122	M45	01:23:30	01:22:57
707	Patricia Alexandre	Hero Box	10	F35	01:23:32	01:23:11
708	Diogo Mendes	Agualva Runners	115	M SEN	01:23:36	01:23:04
709	Luis Santos	Caracóis De Pedra	93	M50	01:23:38	01:22:51
710	Ana Coutinho	Grupo Recreativo E Desportivo Ribeira Da Lage	11	F35	01:23:38	01:23:08
711	Davide Alves	Ldc Runners	70	M35	01:23:39	01:22:28
712	Cláudio Milheiro	Individual	123	M45	01:23:40	01:22:45
713	Nuno Moutinho	Individual	124	M45	01:23:41	01:22:35
714	Jose Dantas	Clube Desportivo De Mafra	64	M55	01:23:44	01:23:06
715	Tito Pereira	G.D.R. São Francisco Da Serra	111	M40	01:23:47	01:22:38
716	Luís Gonçalves	G.D.R. São Francisco Da Serra	125	M45	01:23:47	01:22:39
717	Luciana Macedo	Individual	12	F35	01:23:49	01:22:41
718	Luis Costa	Amantes Trail Run	126	M45	01:23:50	01:23:33
719	Manuel Leiria	Individual	94	M50	01:23:52	01:23:32
720	Sofia Quental	Individual	15	F45	01:23:53	01:23:32
721	Jorge Salvado	Clube Millennium Bcp	52	M60	01:23:54	01:23:30
722	Francisco Sampaio	A Team Ageas	116	M SEN	01:23:54	01:22:58
723	Cândida Ganchas	Grupo Recreativo E Desportivo Ribeira Da Lage	16	F45	01:23:57	01:23:26
724	Jorge Cavaco	Individual	71	M35	01:23:57	01:23:05
725	Fábio Seita	Individual	117	M SEN	01:24:10	01:23:24
726	Claudio Rocha	Clube Novo Banco	127	M45	01:24:10	01:23:21
727	Carlos Cagica	Ccd Siemens	65	M55	01:24:12	01:23:27
728	Rui Grancho	Fidelidade Gdc	128	M45	01:24:15	01:23:35
729	José Monteiro	Individual	95	M50	01:24:17	01:22:55
730	Rui Duarte	Gdctincm	96	M50	01:24:18	01:23:41
731	Diogo Cruz	Triatlo Clube Da Lourinhã	129	M45	01:24:20	01:24:02
732	Hugo Cesteiro	Hero Box	112	M40	01:24:23	01:23:57
733	Pedro Monteiro	Individual	130	M45	01:24:28	01:23:17
734	Pedro Correia	Armada Torriense	131	M45	01:24:31	01:23:35
735	Tânia Andreia	Amigos Do Atletismo De Mafra	13	F35	01:24:33	01:24:27
736	Sandra Agante	Individual	17	F45	01:24:33	01:23:37
737	Andreia Banha	Escola Atletismo Moita Tejo	20	F40	01:24:38	01:24:24
738	Diogo Trajano	Vamos Andando	118	M SEN	01:24:41	01:23:31
739	Jorge Pepe	Cavf	97	M50	01:24:42	01:24:18
740	Paulo Louro	Câmara Municipal Mafra	66	M55	01:24:53	01:24:28
741	Liliana Faustino	Running Stones Saloios	14	F35	01:24:58	01:24:04
742	Américo Carvalho	Individual	98	M50	01:25:02	01:24:44
743	Raquel Miranda	Caracóis Do Moniz Pereira	21	F40	01:25:06	01:24:42
744	Pedro Cupido	Individual	119	M SEN	01:25:10	01:24:10
745	Carla Andre	Clube Novo Banco	18	F45	01:25:10	01:23:51
746	Edmundo Costa	Ccd Siemens	53	M60	01:25:13	01:24:27
747	Sónia Ferreira	Casa Do Benfica Em Algueirão Mem Martins	22	F40	01:25:14	01:25:00
748	Joaquim Costa	Casa Do Benfica Em Algueirão Mem Martins	54	M60	01:25:14	01:25:07
749	Nuno Santos	Running Stones Saloios	132	M45	01:25:15	01:24:18
750	Vitor Ramos	A Team Ageas	99	M50	01:25:24	01:24:27
751	Tiago Cerqueira	Individual	120	M SEN	01:25:26	01:24:39
752	Miguel Lopes	Individual	121	M SEN	01:25:31	01:24:54
753	Alessio Boletti	Individual	122	M SEN	01:25:33	01:24:36



# 40ª Corrida dos Sinos

## Resultados

### 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
754	Adriana Machado	Amigos Do Atletismo De Mafra	23	F40	01:25:34	01:25:17
755	Nelson Mota	Ccd Tranquilidade	100	M50	01:25:40	01:25:04
756	Camila Anjos	O Muchacho	25	F SEN	01:25:41	01:25:12
757	Rita Dória	Clube Novo Banco	26	F SEN	01:25:41	01:24:21
758	Carlos Batista	Correr Lisboa	101	M50	01:25:41	01:24:24
759	Francois Riviere	Individual	55	M60	01:25:42	01:25:18
760	João Corvo	Sport União Colarense	133	M45	01:25:45	01:25:03
761	Cátia Ramos	Grupo Recreativo E Desportivo Ribeira Da Lage	24	F40	01:25:46	01:25:16
762	Pedro Silva	Individual	134	M45	01:25:54	01:25:36
763	João Lourenço	Sociedade Recreativa Do Camarnal	102	M50	01:25:55	01:25:38
764	Ralph Bird	Let`S Go	72	M35	01:25:56	01:24:40
765	Sérgio Rodrigues	Let`S Go	135	M45	01:25:56	01:24:39
766	Ricardo Rodrigues	Clube Novo Banco	103	M50	01:25:58	01:25:09
767	Carlos Rodrigues	Amigos Do Atletismo De Mafra	56	M60	01:25:59	01:25:51
768	Alice Pais	Individual	16	F50	01:25:59	01:25:02
769	Pedro Cachaço	Individual	104	M50	01:25:59	01:24:47
770	Rui Cachaço	Individual	113	M40	01:26:00	01:24:48
771	Luis Santos	Srd Cheleirense	105	M50	01:26:04	01:25:26
772	Alexandre Silva	Individual	123	M SEN	01:26:05	01:25:18
773	David Barbotin	Bretugal	73	M35	01:26:06	01:25:24
774	José Maia	Faher	57	M60	01:26:06	01:25:16
775	Hugo Santos	Correr A 7 Pés Com Tranquilidade	136	M45	01:26:07	01:25:05
776	Nanci Boto	Run & Win(E)	27	F SEN	01:26:07	01:25:23
777	Fábio Oliveira	Individual	124	M SEN	01:26:08	01:25:44
778	Miguel Velez	Câmara Lisboa Clube	58	M60	01:26:09	01:24:57
779	Alvaro Pinto	Real Academia	59	M60	01:26:16	01:25:12
780	Galina Pascaru	Running Stones Saloios	17	F50	01:26:19	01:25:23
781	Pedro Costa	Individual	125	M SEN	01:26:22	01:25:12
782	José Bento	Individual	126	M SEN	01:26:32	01:25:28
783	Raquel Cavalheiro	Individual	28	F SEN	01:26:41	01:25:46
784	Marisa Ramalho	Ligat	15	F35	01:26:46	01:25:29
785	Diogo Marques	Individual	74	M35	01:26:50	01:25:42
786	Goncalo Seabra	Individual	106	M50	01:26:50	01:25:52
787	Flávio Gonçalves	Individual	114	M40	01:26:50	01:26:21
788	Rita Goja	Quarteto Fantástico	16	F35	01:26:52	01:26:03
789	Marisa Martins	Individual	19	F45	01:26:52	01:26:01
790	Sofia Gonçalves	Individual	29	F SEN	01:26:59	01:25:42
791	Francisco Gonçalves	Individual	127	M SEN	01:27:00	01:25:44
792	Susana Silva	Individual	20	F45	01:27:01	01:25:59
793	Anabela Santos	Linda-A-Pastora Sporting Clube	18	F50	01:27:03	01:26:38
794	Sergio Amorim	4Amigos	128	M SEN	01:27:03	01:25:57
795	Ana Henriques	Gdc Banco De Portugal	30	F SEN	01:27:04	01:26:14
796	Nelson Libeiro	Individual	137	M45	01:27:05	01:25:52
797	José Guia	O Muchacho	60	M60	01:27:09	01:26:41
798	Marta Sousa	Ccd Tranquilidade	4	F55	01:27:09	01:26:34
799	Pedro Tavares	Individual	138	M45	01:27:12	01:26:47
800	Miguel Castela	Individual	107	M50	01:27:18	01:26:27
801	Paulo Almeida	Individual	108	M50	01:27:19	01:26:49
802	Pedro Cardoso	Manteigas Team	75	M35	01:27:20	01:26:26
803	Antonio Castro	Grupo Desportivo Santander Totta	109	M50	01:27:21	01:26:33
804	Pedro Esteves	Adno - Associação Desportiva Nucleo De Oeiras	110	M50	01:27:21	01:26:57
805	Ana Folgado	Individual	19	F50	01:27:25	01:26:41
806	João Veríssimo	Individual	61	M60	01:27:25	01:26:43
807	Joaquim Crispim	Udca	62	M60	01:27:27	01:26:30
808	Sidónia Atanázio	Grupo Recreativo E Desportivo Ribeira Da Lage	17	F35	01:27:27	01:26:55
809	Célia Sousa	Gdctincm	20	F50	01:27:27	01:27:15
810	Nuno Valentim	Let`S Go	115	M40	01:27:28	01:26:10
811	Sergiy Chernichenko	Individual	63	M60	01:27:28	01:26:17



# 40ª Corrida dos Sinos

## Resultados

### 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
812	Hugo Moura	Individual	111	M50	01:27:31	01:26:35
813	Gianpiero Rizzo	Individual	129	M SEN	01:27:32	01:26:49
814	João Alves	Armada Torriense	67	M55	01:27:33	01:26:38
815	Hugo Carago	Clube Novo Banco	112	M50	01:27:41	01:26:31
816	Pedro Seabra	Individual	76	M35	01:27:45	01:27:10
817	Carolina Amorim	Individual	31	F SEN	01:27:45	01:26:33
818	Filomena Pestana	Individual	21	F50	01:27:46	01:27:07
819	Paulo Monteiro	Clube Tap Portugal	116	M40	01:27:46	01:27:11
820	Ricardo Costa	Os Costa	139	M45	01:27:46	01:27:05
821	Hélder Silva	Já Te Venho Buscar	117	M40	01:27:50	01:26:43
822	Simão Correia	Individual	130	M SEN	01:27:51	01:27:02
823	Alberto Romão	Individual	64	M60	01:27:52	01:26:59
824	Guilherme Godinho	Individual	140	M45	01:27:54	01:26:56
825	Manuel Graça	Os Galgos	65	M60	01:27:57	01:27:41
826	João Serra	Ccd Tranquilidade	113	M50	01:28:00	01:27:23
827	Renato Cabrita	Los Coños Del Cabrita	131	M SEN	01:28:03	01:26:45
828	Novo Dorsal	Individual	118	M40	01:28:04	01:27:36
829	Jose Oliveira	Individual	114	M50	01:28:04	01:27:45
830	Carolina Manuel	Lx Run - Juntos Somos Fortes	22	F50	01:28:11	01:27:12
831	José Valentim	A Team Ageas	115	M50	01:28:11	01:27:56
832	Jorge Ribeiro	Os Ribeiros	116	M50	01:28:12	01:27:19
833	Pedro Cunha	Róçó Mato	141	M45	01:28:14	01:27:57
834	Pedro Taborda	Individual	132	M SEN	01:28:14	01:26:59
835	Gabriel Simões	Individual	133	M SEN	01:28:18	01:27:36
836	Ricardo Guerreiro	Individual	142	M45	01:28:21	01:27:25
837	Emanuel Silva	Individual	77	M35	01:28:23	01:27:21
838	Jorge Casinhas	Linda-A-Pastora Sporting Clube	134	M SEN	01:28:24	01:27:07
839	Carla Mira	Individual	23	F50	01:28:26	01:28:02
840	João Batista	Clube Novo Banco	143	M45	01:28:26	01:27:57
841	Gary Massano-Kelly	Individual	78	M35	01:28:27	01:27:54
842	Pedro Morgado	Guerreiros Do Running	79	M35	01:28:34	01:27:49
843	António Antunes	Guerreiros Do Running	119	M40	01:28:34	01:27:47
844	Rui Dias	Guerreiros Do Running	120	M40	01:28:35	01:27:50
845	Manuel Rocha	Clube Atletismo Amigos De Belém	117	M50	01:28:41	01:28:30
846	Conceição Pina	Gfd Running	5	F55	01:28:41	01:27:52
847	Beatriz Matias	Linda-A-Pastora Sporting Clube	21	F45	01:28:42	01:28:19
848	Arlete Costa	Individual	22	F45	01:28:42	01:28:03
849	Manuel Pedro	Individual	144	M45	01:28:42	01:28:04
850	Angelo Alves	Ccd Siemens	80	M35	01:28:48	01:28:03
851	Nuno Moreira	Alverca Urban Runners	121	M40	01:28:53	01:28:14
852	Nídia Esteves	Hero Box	25	F40	01:28:56	01:28:35
853	Francisco Pereira	Ccd Tranquilidade	68	M55	01:28:57	01:28:37
854	Paulo Gonçalves	2Pipos	118	M50	01:29:00	01:27:58
855	Pedro Araujo	Grupo Desportivo Santander Totta	81	M35	01:29:02	01:28:17
856	Francisco Farinha	Montes Saloios Trail Team	122	M40	01:29:04	01:27:45
857	Patricia Santos	Clube Novo Banco	24	F50	01:29:04	01:27:45
858	Dário Canas	Mtt Montes Saloios	145	M45	01:29:04	01:27:44
859	Catarina Marques	Fidelidade Gdc	26	F40	01:29:05	01:28:17
860	Jorge Paulo	Os Galgos	69	M55	01:29:05	01:28:30
861	Susana Gomes	Amigos Do Atletismo De Mafra	6	F55	01:29:06	01:28:49
862	Nuno Miguel	Individual	119	M50	01:29:07	01:28:32
862	Jose Lima	U.R.Charneca Trail Team	70	M55	01:29:07	01:28:20
863	Ricardo Seródio	Individual	146	M45	01:29:09	01:28:37
864	Lilia Leongomez	Individual	23	F45	01:29:10	01:28:02
865	José Rui	Individual	147	M45	01:29:13	01:29:00
866	Eduardo Simões	Câmara Municipal Mafra	135	M SEN	01:29:14	01:28:31
867	Catilina Moreira	Individual	18	F35	01:29:17	01:28:53
868	Manuel Francisco	Carapaus De Corrida	66	M60	01:29:22	01:28:14



# Resultados

## 40ª Corrida dos Sinos 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
869	Carlos Noronha	Talho Do Pai	123	M40	01:29:24	01:28:24
870	Jorge Campos	Individual	148	M45	01:29:25	01:28:51
871	Jorge Mendes	Ss Cgd	67	M60	01:29:26	01:28:16
872	Rui Banha	Hero Box	120	M50	01:29:27	01:29:04
873	Nuno Silva	Lx Run - Juntos Somos Fortes	149	M45	01:29:27	01:28:29
874	Catarina Nicho	Os Galgos	7	F55	01:29:31	01:28:54
875	Remigio Machado	Individual	121	M50	01:29:32	01:28:11
876	João Rodrigues	Individual	124	M40	01:29:33	01:28:12
877	Alexandre Chambel	Individual	125	M40	01:29:33	01:28:13
878	Filipe Silva	Mota	150	M45	01:29:35	01:29:12
879	José Henriques	Já Foste!	71	M55	01:29:36	01:29:36
880	Tânia Gouveia	Bilsteingroup	27	F40	01:29:37	01:28:16
881	Nuno Cardoso	Bilsteingroup	151	M45	01:29:37	01:28:16
882	Luisa Rosa	Já Foste!	28	F40	01:29:37	01:28:38
883	Tiago Algarvio	Individual	82	M35	01:29:37	01:26:22
884	Sara Hall	Individual	32	F SEN	01:29:37	01:28:34
885	João Simões	Individual	136	M SEN	01:29:38	01:28:35
886	Marcio Santos	Individual	137	M SEN	01:29:43	01:28:27
887	Joaquim Viana	Individual	68	M60	01:29:44	01:29:10
888	Maria Felizardo	Gorun Vendas Novas	24	F45	01:29:45	01:28:40
889	Maria Silva	Pernas Inertes Lentos Desde 2017	25	F50	01:29:46	01:28:39
890	Nuno Ventura	Clube Atletismo Amigos De Belém	122	M50	01:29:49	01:28:43
891	Francisca Lobo	Panda E Os Maricas	33	F SEN	01:29:53	01:29:03
892	Marina Rosario	Dolce Furadouro	26	F50	01:29:57	01:29:29
893	Lara Mestre	Individual	34	F SEN	01:29:58	01:29:17
894	David Sardinha	Patinagem Artística - Alcainça Atlético Clube	126	M40	01:29:58	01:29:04
895	Joana Narciso	Individual	35	F SEN	01:29:58	01:29:18
896	Marisa Pereira	Running Stones Saloios	19	F35	01:29:58	01:29:04
897	Cristina Lino	Alverca Urban Runners	8	F55	01:29:59	01:29:18
898	Ricardo Silva	Individual	152	M45	01:30:04	01:26:49
899	Rui Vasconcelos	Individual	153	M45	01:30:06	01:29:40
900	Vitor Aguilar	Run4fun	69	M60	01:30:06	01:29:37
901	Carlos Silva	Clube Tap Portugal	72	M55	01:30:11	01:29:32
902	Fernando Coelho	Clube Tap Portugal	73	M55	01:30:12	01:29:31
903	Fernando Rodrigues	Individual	123	M50	01:30:13	01:29:02
904	Manuel Fonseca	Amigos Do Atletismo De Mafra	70	M60	01:30:15	01:30:01
905	Daniel Ribeiro	Individual	124	M50	01:30:15	01:29:23
906	Jose Pereira	A.A. Lebres Do Sado	71	M60	01:30:20	01:29:57
907	Joana Onofre	Runners Da Frente Ribeirinha Da Povia De Santa Iria	29	F40	01:30:23	01:29:55
908	Bruna Santos	Águias Da Estrada	36	F SEN	01:30:27	01:29:53
909	Ana Neto	Linda-A-Pastora Sporting Clube	25	F45	01:30:30	01:30:05
910	Nuno Pimpão	Individual	154	M45	01:30:38	01:30:16
911	Frederico Rodrigues	Individual	138	M SEN	01:30:44	01:29:47
912	Kateryna Shvydyuk	Individual	37	F SEN	01:30:44	01:29:47
913	Luis Andrade	Cdcr Dos Ctt	125	M50	01:30:45	01:30:08
914	Mario Mendes	Clube Millennium Bcp	72	M60	01:30:50	01:30:28
915	Gilberto Ramos	G&C	126	M50	01:30:50	01:30:07
916	Pedro Cruz	Individual	127	M50	01:30:50	01:29:37
917	Luís Mendes	Correr A 7 Pés Com Tranquilidade	155	M45	01:30:53	01:30:13
918	Francisco Folgado	Individual	139	M SEN	01:30:53	01:30:03
919	Maria Lopes	Capenafirme	9	F55	01:30:57	01:30:43
920	Manuel Crispim	Udca	73	M60	01:31:03	01:30:05
921	Hélder Martins	Sporting Clube De Casainhos	128	M50	01:31:05	01:29:58
922	Diogo Antunes	Individual	127	M40	01:31:06	01:30:08
923	Ana Hermenegildo	Running Stones Saloios	20	F35	01:31:08	01:30:12
924	Cristina Coelho	Individual	10	F55	01:31:09	01:30:41
925	Eugénio Ruivo	Individual	74	M60	01:31:11	01:31:08
926	Rogério Dias	Individual	156	M45	01:31:11	01:30:52



# 40ª Corrida dos Sinos

## Resultados

### 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
927	David Martins	Individual	157	M45	01:31:13	01:30:20
928	Elsa Godinho	Individual	26	F45	01:31:15	01:30:35
929	Orlando Loureiro	Individual	158	M45	01:31:22	01:30:41
930	Inês Aguas	Cdcr Dos Ctt	21	F35	01:31:24	01:30:19
931	Pedro Botelho	Individual	140	M SEN	01:31:26	01:30:51
932	André Antunes	Amigos Do Atletismo De Mafra	159	M45	01:31:27	01:30:57
933	Hugo Fonseca	Individual	160	M45	01:31:28	01:30:27
934	Pedro Manangão	Individual	128	M40	01:31:28	01:30:27
935	João Pereira	Ccd Crédito Agrícola	129	M50	01:31:29	01:31:03
936	Isa Ribeiro	Individual	22	F35	01:31:29	01:31:04
937	Jorge Pereira	Salois Á Descoberta	130	M50	01:31:30	01:31:05
938	Cátia Soares	Clube Novo Banco	30	F40	01:31:31	01:30:45
939	Orlando Dias	Individual	74	M55	01:31:34	01:30:10
940	Antonio Taborda	Individual	161	M45	01:31:35	01:30:22
941	Sandra Arraias	Os Arraias	31	F40	01:31:38	01:30:56
942	Graça Matias	Dolce Furadouro	11	F55	01:31:41	01:31:14
943	Joana Vaz	Individual	38	F SEN	01:31:45	01:31:21
944	Patrícia Colaço	Escola Das Armas	39	F SEN	01:31:46	01:31:46
945	José Santos	Grupo Desportivo Santander Totta	131	M50	01:31:47	01:31:34
946	Ana Nico	Run & Win(E)	40	F SEN	01:31:47	01:30:59
947	Catarina Palma	Linda-A-Pastora Sporting Clube	32	F40	01:31:47	01:31:16
948	Claudio Freire	Gil Eanes Running	132	M50	01:31:58	01:31:04
949	Rui Borges	Individual	129	M40	01:32:01	01:31:06
950	Isabel Santos	Associação Cultural Sambrasense	12	F55	01:32:02	01:31:42
951	Tiago Catalão	Gdc Banco De Portugal	130	M40	01:32:03	01:30:49
952	Cátia Tavares	Grupo Recreativo E Desportivo Ribeira Da Lage	41	F SEN	01:32:04	01:31:32
953	Marília Ribeiro	Bretugal	33	F40	01:32:08	01:31:27
954	Leonel Silvestre	Individual	75	M60	01:32:10	01:31:19
955	Xana Filipe	Clube Novo Banco	27	F50	01:32:12	01:30:54
956	Carmen Silva	Individual	34	F40	01:32:16	01:31:41
957	António Torres	Ind.	76	M60	01:32:17	01:31:16
958	Isaura Moura	Os Coxos	42	F SEN	01:32:17	01:31:17
959	Nuno Rafael	Srd Cheleirense	131	M40	01:32:19	01:31:41
960	Guilherme Santos	Shar	141	M SEN	01:32:20	01:31:12
961	Jorge Tavares	Individual	75	M55	01:32:20	01:31:45
962	Rui Serafim	Individual	133	M50	01:32:26	01:31:26
963	Sara Vinhas	Run & Win(E)	23	F35	01:32:26	01:31:38
964	Carlos Nunes	Ind 2	76	M55	01:32:28	01:31:19
965	Cristiana Rodrigues	Individual	35	F40	01:32:28	01:31:33
966	Pedro Ferreira	Individual	142	M SEN	01:32:30	01:31:23
967	Miguel Simões	Queimação	143	M SEN	01:32:38	01:31:34
968	Ana Cardoso	Individual	43	F SEN	01:32:39	01:31:44
969	Jose Lagarto	Individual	134	M50	01:32:42	01:31:29
970	Tiago Rosa	Crc Marvila Jovem	132	M40	01:32:49	01:32:10
971	João Sousa	Individual	135	M50	01:32:57	01:32:05
972	Carlos Lourenço	Individual	77	M60	01:32:57	01:32:05
973	Mónica Jacob	Individual	27	F45	01:32:59	01:32:49
974	Vera Tolêdo	Casa Do Benfica Em Algueirão Mem Martins	28	F45	01:32:59	01:32:48
975	Leonor Garcia	Garcia Runners	44	F SEN	01:33:00	01:32:39
976	Ângelo Rosário	Individual	162	M45	01:33:03	01:32:20
977	Fra Gomes	Kampe'S Team	144	M SEN	01:33:04	01:31:41
978	Alexandre Silva	Mcrunners	133	M40	01:33:07	01:31:43
979	Vanessa Soares	Team El Comandante	45	F SEN	01:33:08	01:32:37
980	Susana Rodrigues	Amigos Do Atletismo De Mafra	36	F40	01:33:11	01:32:57
981	Dirk Meyer	Individual	77	M55	01:33:24	01:32:15
982	Francisco Paulo	Queimação	145	M SEN	01:33:27	01:32:21
983	João Silva	Individual	146	M SEN	01:33:28	01:32:34
984	Luis Esteves	Individual	147	M SEN	01:33:30	01:32:36



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## 40ª Corrida dos Sinos 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
985	Catarina Neves	Individual	46	F SEN	01:33:31	01:32:41
986	Carlos Morais	Grupo Desportivo Santander Totta	78	M55	01:33:32	01:32:49
987	Cibelle Ramos	G&C	29	F45	01:33:35	01:32:53
988	Afonso Nunes	Queimação	148	M SEN	01:33:39	01:32:35
989	Sheyla Carvalho	Mrunners	37	F40	01:33:43	01:32:19
990	Rui Santos	Individual	149	M SEN	01:33:47	01:32:32
991	Rui Soares	Clube Novo Banco	134	M40	01:33:47	01:33:04
992	David Cardoso	Individual	150	M SEN	01:33:48	01:33:13
993	Rui Vaz	Individual	136	M50	01:33:50	01:33:29
994	Cláudia Pepe	Correr Em Évora	28	F50	01:33:54	01:33:17
995	Marcos Doral	Individual	83	M35	01:33:59	01:33:27
996	Renata Frota	Individual	24	F35	01:33:59	01:33:29
997	Constâncio Almeida	Individual	78	M60	01:34:01	01:32:56
998	Romão Moita	Individual	79	M60	01:34:04	01:32:59
999	Teresa Sousa	Individual	29	F50	01:34:05	01:33:12
1000	João Santos	Individual	135	M40	01:34:06	01:33:36
1001	João Barros	Individual	163	M45	01:34:07	01:33:20
1002	Mariana Carreira	Individual	47	F SEN	01:34:16	01:33:04
1003	Tânia Lavra	Clube Millennium Bcp	30	F45	01:34:17	01:33:18
1004	Isabel Morgado	Team It Up To You	30	F50	01:34:17	01:33:19
1005	Rafaela Ferreira	Individual	48	F SEN	01:34:18	01:33:27
1006	Manoel Piloto	Clube Desportivo De Mafra	164	M45	01:34:29	01:34:14
1007	Maria Garnel	Rwl	49	F SEN	01:34:30	01:34:03
1008	Jose Pereira	Os Perigosos	80	M60	01:34:30	01:33:26
1009	Carlos Sousa	Os Perigosos	81	M60	01:34:31	01:33:28
1010	José Correia	Família Correia & Peralta	151	M SEN	01:34:33	01:33:35
1011	Beatriz Mano	Individual	50	F SEN	01:34:40	01:33:56
1012	Paulo Nunes	Individual	82	M60	01:34:41	01:34:10
1013	Sara Rainho	Individual	31	F45	01:34:41	01:34:12
1014	Ana Inverno	Individual	51	F SEN	01:34:42	01:33:40
1015	Luís Narciso	Câmara Municipal Mafra	84	M35	01:34:47	01:33:42
1016	Mauro Peliquito	Litrosa 2.0	85	M35	01:34:47	01:33:24
1017	André Carvalho	Individual	86	M35	01:34:47	01:33:31
1018	Josefina Fernandes	Guerreiros Do Running	38	F40	01:34:50	01:34:06
1019	Tiago Santos	Individual	152	M SEN	01:34:56	01:33:40
1020	Filipe Nunes	Individual	153	M SEN	01:35:06	01:34:21
1021	Miguel Mendes	Individual	136	M40	01:35:07	01:34:20
1022	António Rodrigues	Ccd Pm Cascais	137	M50	01:35:10	01:34:43
1023	Paulo Gonçalves	Clube Novo Banco	79	M55	01:35:11	01:33:50
1024	Luís Proença	Individual	138	M50	01:35:12	01:34:44
1025	Jorge Mira	Individual	154	M SEN	01:35:14	01:34:08
1026	Vanessa Alves	Os Galgos	32	F45	01:35:15	01:34:39
1027	Henriqueta Solipa	Tartarugas Solidarias	3	F60	01:35:15	01:34:16
1028	João Moacho	Linda-A-Pastora Sporting Clube	83	M60	01:35:17	01:34:46
1029	Luis Jose	Linda-A-Pastora Sporting Clube	84	M60	01:35:18	01:34:43
1030	Fernando Santos	Alp	85	M60	01:35:26	01:34:53
1031	Mafalda Correia	Alp	39	F40	01:35:26	01:34:53
1032	João Afonso	Cdcr Dos Ctt	139	M50	01:35:29	01:34:52
1033	Gilberto Lagarto	Individual	165	M45	01:35:32	01:34:18
1034	Vitor Duarte	Mal-Amém	140	M50	01:35:37	01:34:45
1035	Mário Rogado	Correr Lisboa	137	M40	01:35:52	01:34:33
1036	César Marquês	Câmara Municipal Mafra	155	M SEN	01:35:59	01:35:08
1037	Andreia Barreto	Run & Win(E)	52	F SEN	01:36:01	01:35:17
1038	Paulo Soeiro	Individual	166	M45	01:36:08	01:35:18
1039	Luciano Silva	Shar	86	M60	01:36:12	01:35:04
1040	António Sena	Ccd Tranquilidade	141	M50	01:36:14	01:35:35
1041	Rogério Dias	Ccd Tranquilidade	142	M50	01:36:14	01:35:35
1042	Mónica Ribeiro	Já Te Venho Buscar	40	F40	01:36:16	01:35:10



# 40ª Corrida dos Sinos

## Resultados

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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
1043	Gui Sarmiento	Individual	156	M SEN	01:36:16	01:35:34
1044	Joana Armés	Grupo Recreativo Gonçalvinhense	53	F SEN	01:36:16	01:35:33
1045	Henrique Ruivo	Tartarugas Solidarias	87	M60	01:36:25	01:35:26
1046	Maria Vanova	Hero Box	25	F35	01:36:28	01:36:06
1047	Lurdes Gonçalves	Correr Lisboa	13	F55	01:36:30	01:35:15
1048	Luis Reis	Equipa Reis	80	M55	01:36:33	01:35:29
1049	Pedro Manso	Tálenos Team	167	M45	01:36:34	01:35:51
1050	Natália Fernandes	Ajax Odivelas	4	F60	01:36:42	01:36:08
1051	Clorinda Mona	Individual	26	F35	01:36:43	01:35:38
1052	Elisabete Maria	Cmc Odivelas	31	F50	01:36:45	01:36:11
1053	Priya Dessai	Caracóis Do Moniz Pereira	41	F40	01:36:46	01:35:37
1054	Vitor Santos	Amigos Do Atletismo De Mafra	143	M50	01:36:47	01:35:37
1055	Fernando Dias	Family Sprint	157	M SEN	01:36:51	01:35:47
1056	Rita Mina	Linda-A-Pastora Sporting Clube	32	F50	01:36:52	01:36:28
1057	Carlos Rocha	Câmara Lisboa Clube	144	M50	01:36:53	01:35:42
1058	Gonçalo Reis	Equipa Reis	158	M SEN	01:36:54	01:35:50
1059	Catarina Felix	A Team Ageas	54	F SEN	01:36:57	01:36:00
1060	Catarina Castro	A Team Ageas	55	F SEN	01:36:58	01:36:00
1061	Raquel Batalha	Hero Box	56	F SEN	01:36:59	01:36:11
1062	Inês Machado	A Team Ageas	57	F SEN	01:37:00	01:36:03
1063	David Mota	Individual	87	M35	01:37:04	01:36:21
1064	Carla Fernandes	Aminhacorrida/Runextrem	33	F45	01:37:08	01:36:05
1065	Odete Francisco	Individual	33	F50	01:37:09	01:36:07
1066	Armando Aldegalega	Sporting Clube De Portugal	88	M60	01:37:09	01:36:55
1067	Carla Duarte	Gdctincm	34	F50	01:37:09	01:36:10
1068	Ventura Saraiva	Grupo Recreativo E Desportivo Ribeira Da Lage	89	M60	01:37:09	01:36:22
1069	Jorge Paulino	Clube Desportivo De Mafra	90	M60	01:37:09	01:36:55
1070	Ariel Varner	Individual	88	M35	01:37:21	01:36:38
1071	Paulo Ruivo	Equipa Ruivo	138	M40	01:37:28	01:36:38
1072	Bruno Francisco	União Atlético Povoense	139	M40	01:37:31	01:37:25
1073	Jose Rebelo	Clube Millennium Bcp	81	M55	01:37:37	01:37:05
1074	Ana Vicente	Individual	27	F35	01:37:46	01:37:12
1075	Alcindo Ramalho	Ligat	140	M40	01:37:46	01:36:29
1076	Ana Saraiva	U.R.Charneca Trail Team	34	F45	01:37:50	01:37:00
1077	Fábio Teixeira	Individual	159	M SEN	01:37:50	01:36:38
1078	Carlos Quintino	Hero Box	82	M55	01:37:51	01:37:23
1079	Paulo Costa	Alhandra Sc	89	M35	01:37:55	01:37:18
1080	Ana Costa	Encontro D'Iguarias Running Team	28	F35	01:37:56	01:36:37
1081	Sandra Leite	Individual	42	F40	01:37:58	01:37:08
1082	Joao Barros	Grupo Desportivo Santander Totta	141	M40	01:37:59	01:37:15
1083	Ricardo Neves	Grupo Desportivo Santander Totta	168	M45	01:38:00	01:37:14
1084	Ana Santos	Grupo Desportivo Santander Totta	35	F45	01:38:00	01:37:14
1085	Ana Matias	A Team Ageas	14	F55	01:38:02	01:37:36
1086	Ana Silva	Individual	36	F45	01:38:07	01:37:13
1087	Ivo Silva	Clube Millennium Bcp	91	M60	01:38:15	01:37:41
1088	João Santos	Clube Edp – Lisboa	83	M55	01:38:18	01:37:19
1089	Rita Silva	Shar	58	F SEN	01:38:20	01:37:12
1090	Manuel Baptista	Ss Cgd	84	M55	01:38:22	01:37:25
1091	Sandra Lucas	Dtc 21Dias	37	F45	01:38:24	01:37:23
1092	Custódio Silva	Clube Novo Banco	85	M55	01:38:25	01:37:17
1093	Dora Santos	Clube Novo Banco	35	F50	01:38:28	01:37:59
1094	Beatriz Cupido	Amigos Do Atletismo De Mafra	59	F SEN	01:38:28	01:37:28
1095	Cidália Borges	Clube Novo Banco	36	F50	01:38:29	01:38:00
1096	Eliene Silva	Individual	38	F45	01:38:31	01:37:23
1097	António Bogas	Casa Do Benfica Em Algueirão Mem Martins	86	M55	01:38:39	01:37:46
1098	Telmo Carvalho	Correr Lisboa	169	M45	01:38:42	01:37:34
1099	António Pereira	Individual	92	M60	01:38:43	01:37:33
1100	Catarina Altas	A Team Ageas	37	F50	01:38:59	01:38:03



## Resultados

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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
1101	Gonçalo Carreira	Individual	160	M SEN	01:39:04	01:37:51
1102	Diogo Raposo	Correr A 7 Pés Com Tranquilidade	142	M40	01:39:08	01:38:58
1103	Marisa Brás	Individual	29	F35	01:39:09	01:38:20
1104	Filipe Simões	O Muchacho	161	M SEN	01:39:18	01:38:49
1105	André Bento	Individual	143	M40	01:39:19	01:38:16
1106	Andreia Duarte	Individual	60	F SEN	01:39:25	01:38:42
1107	Maria Veloso	Individual	5	F60	01:39:26	01:38:45
1108	João Batalha	Individual	144	M40	01:39:27	01:38:45
1109	Teresa Marcelino	Individual	61	F SEN	01:39:34	01:38:34
1110	Manuel Nascimento	Individual	93	M60	01:39:40	01:38:49
1111	Cristiana Almeida	Ss Cgd	15	F55	01:39:46	01:38:36
1112	Rui Duarte	Duarte	170	M45	01:40:01	01:38:57
1113	Gabriel Silva	Já Te Venho Buscar	162	M SEN	01:40:04	01:38:55
1114	Antonio Roque	Linda-A-Pastora Sporting Clube	94	M60	01:40:04	01:39:32
1115	Nuno Sampaio	Câmara Municipal Mafra	145	M50	01:40:06	01:39:17
1116	Marina Morgado	Clube Millennium Bcp	62	F SEN	01:40:14	01:39:41
1117	Paulo Veríssimo	Individual	87	M55	01:40:15	01:39:32
1118	Gilberto Gonçalves	Clube Atletismo Amigos De Belém	95	M60	01:40:16	01:39:18
1119	Diamantino Albuquerque	Clube Desportivo De Mafra	96	M60	01:40:19	01:39:47
1120	Luis Sousa	Individual	171	M45	01:40:20	01:39:26
1121	Carla Vaz	#Naotreinesnao	38	F50	01:40:23	01:39:24
1122	Rita Amaro	Aquela Equipa Que Não Existe	63	F SEN	01:40:27	01:39:43
1123	Paulo Vaz	Quarteto	146	M50	01:40:31	01:39:50
1124	Joana Fernandes	Individual	64	F SEN	01:40:32	01:39:28
1125	João Barros	Individual	145	M40	01:40:32	01:39:29
1126	Fernando Ferreira	Clube Millennium Bcp	97	M60	01:40:36	
1127	Cristina Rainha	Gdctincm	16	F55	01:40:37	01:39:42
1128	Bruno Silva	Amigos Vale Silencio	90	M35	01:40:49	01:39:38
1129	Salvador Marques	Individual	163	M SEN	01:40:53	01:40:04
1130	Ivo Marques	Individual	146	M40	01:40:53	01:40:37
1131	Oscar Diaz	Individual	172	M45	01:40:58	01:39:37
1132	Joana Afonso	Run & Win(E)	39	F45	01:40:58	01:39:38
1133	Hugo Marques	Individual	173	M45	01:41:05	01:40:16
1134	Neuza Rodrigues	Individual	30	F35	01:41:06	01:40:16
1135	Nina Pina	Individual	40	F45	01:41:08	01:40:20
1136	Leonel Brandão	Clube Millennium Bcp	88	M55	01:41:10	01:40:50
1137	Mário Fernandes	Asf	174	M45	01:41:27	01:40:14
1138	João Lopes	Individual	164	M SEN	01:41:29	01:40:38
1139	Helena Cunha	Asas Almada/Seixal	6	F60	01:41:34	01:40:31
1140	António Marques	Asas Almada/Seixal	98	M60	01:41:34	01:40:30
1141	Anabela Via	Câmara Lisboa Clube	17	F55	01:41:34	01:40:24
1142	Ana Rodrigues	Zoom' Art ®?	41	F45	01:41:35	01:40:42
1143	Jörg Pirrow	Individual	89	M55	01:41:38	01:40:53
1144	Luis Chicharo	Individual	147	M50	01:41:39	01:41:01
1145	Diana Ramos	Individual	31	F35	01:41:39	01:40:50
1146	Rui Ferreira	Individual	91	M35	01:41:39	01:40:49
1147	Mariana Roseira	Hero Box	65	F SEN	01:41:43	01:40:54
1148	Marcelo Sofiatti	Individual	175	M45	01:41:45	01:40:32
1149	Nelson Nunes	Securnet	92	M35	01:41:54	01:41:01
1150	Rosa Bispo	Pernas Inertes Lentos Desde 2017	7	F60	01:42:06	01:41:00
1151	Francisco Martins	Individual	93	M35	01:42:12	01:41:33
1152	Filipe Moraes	Lx Run - Juntos Somos Fortes	176	M45	01:42:12	01:41:12
1153	Francisco Sarrasqueiro	Individual	99	M60	01:42:15	01:41:53
1154	Nuno Lopes	Individual	148	M50	01:42:15	
1155	Tiago Silva	Individual	165	M SEN	01:42:17	01:41:36
1156	Bruno Silva	Individual	166	M SEN	01:42:17	01:41:35
1157	Eduardo Ricou	Individual	147	M40	01:42:18	01:41:32
1158	Daniel Leão	Individual	148	M40	01:42:20	01:41:52



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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
1159	Carla Cunha	Mcrunners	42	F45	01:42:22	01:40:57
1160	Claudio Moreira	Individual	149	M40	01:42:23	01:40:59
1161	David Clemente	Individual	94	M35	01:42:56	01:41:45
1162	Sónia Fernandes	Gmcjamor	43	F45	01:43:15	01:42:57
1163	Ana Carvalho	Crc Marvila Jovem	44	F45	01:43:24	01:42:14
1164	André Noronha	Ss Cgd	90	M55	01:43:25	01:42:15
1165	Hélio Godinho	Individual	100	M60	01:43:30	01:42:46
1166	Jose Caixinha	Individual	101	M60	01:43:35	01:42:28
1167	Edite Martins	Ind 2	45	F45	01:43:40	01:42:39
1168	Iris Mauricio	Demónios Do Lizandro	46	F45	01:43:54	01:42:47
1169	Jorge Leitão	Caracóis De Pedra	95	M35	01:43:59	01:43:42
1170	Renato Guilherme	Caracóis De Pedra	177	M45	01:43:59	01:43:43
1171	Paulo Ricardo	Clube Novo Banco	91	M55	01:44:24	01:43:05
1172	João Rodrigues	Individual	92	M55	01:44:28	01:43:20
1173	Tânia Martins	#Naotreinesnao	32	F35	01:44:31	01:43:33
1174	Luís Santos	Amigos Vale Silencio	102	M60	01:44:58	01:44:18
1175	Nuno Pereira	Let`S Go	178	M45	01:44:59	01:43:43
1176	Gilson Jesus	Redentor	96	M35	01:45:09	01:43:54
1177	Gonçalo Martins	Individual	97	M35	01:45:09	01:44:07
1178	Alexandra Martins	Individual	43	F40	01:45:09	01:44:08
1179	Telma Valente	Individual	47	F45	01:45:17	01:43:53
1180	Catarina Santinhos	Nuc.Pt +Watt	44	F40	01:45:21	01:44:55
1181	Ângela Aires	Individual	48	F45	01:45:21	01:44:55
1182	Pedro Soares	Individual	149	M50	01:45:27	01:44:41
1183	Cristina Santos	Individual	66	F SEN	01:45:27	01:44:18
1184	Fernanda Afonso	Individual	18	F55	01:45:28	01:44:41
1185	Tiago Soares	Family Sprint	167	M SEN	01:45:45	01:44:42
1186	Alexandre Rodrigues	Individual	168	M SEN	01:45:45	01:44:35
1187	António Alves	Individual	179	M45	01:45:48	01:45:11
1188	Rita Galapito	Vamos Andando	67	F SEN	01:45:52	01:44:34
1189	Vítor Simões	Os Falsos Rápidos	150	M40	01:45:56	01:45:09
1190	Vítor Costa	Individual	150	M50	01:45:57	01:45:09
1191	Jorge Silva	Os Falsos Rápidos	151	M50	01:45:57	01:45:10
1192	Sérgio Xarepe	Individual	152	M50	01:45:57	01:45:09
1193	André Correia	Individual	169	M SEN	01:45:58	01:45:12
1194	Rui Rosa	Individual	153	M50	01:46:01	01:44:37
1195	Antonio Silva	Individual	93	M55	01:46:01	01:44:38
1196	Paulo Guedes	Sociedade Recreativa Do Camarnal	154	M50	01:46:03	01:45:50
1197	Carlos Sousa	Apogma	94	M55	01:46:11	01:45:43
1198	Luís Marques	Câmara Municipal Mafra	155	M50	01:46:13	01:45:08
1199	Sandra Ribeiro	Ribeirinhos	49	F45	01:46:14	01:45:10
1200	Natanael Serra	Bilsteingroup	98	M35	01:46:40	01:45:56
1201	Ana Parada	Individual	33	F35	01:46:46	01:45:29
1202	Patricia Pedro	Casa Do Benfica Em Algueirão Mem Martins	19	F55	01:46:57	01:45:55
1203	Joaquim Cruz	Casa Do Benfica Em Algueirão Mem Martins	103	M60	01:46:58	01:45:57
1204	Livia Callejas	Individual	45	F40	01:47:15	01:45:55
1205	Madalena Garcia	Garcia Runners	68	F SEN	01:47:55	01:47:36
1206	Sandra Lopo	Amigos Do Atletismo De Mafra	39	F50	01:47:59	01:47:39
1207	Mário Lameirão	Casa Do Benfica Em Algueirão Mem Martins	104	M60	01:48:04	01:47:37
1208	Mario Pires	Individual	105	M60	01:48:08	01:46:45
1209	Manuel Santos	Dominós	170	M SEN	01:48:16	01:47:22
1210	Maria Pontes	Individual	40	F50	01:48:19	01:47:51
1211	Guilherme Baptista	Individual	171	M SEN	01:48:41	01:47:26
1212	Marco Cachinho	Clube Edp – Lisboa	151	M40	01:48:46	01:48:15
1213	Gabriel Cachinho	Individual	172	M SEN	01:48:46	01:48:16
1214	Ana Santos	U.R.Charneca Trail Team	50	F45	01:48:48	01:48:00
1215	Patricia Casimiro	4Amigos	69	F SEN	01:49:00	01:47:53
1216	Vanda Branco	Individual	51	F45	01:49:20	01:48:11



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Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
1217	Celso Pereira	Tesoureira Team	180	M45	01:49:42	01:48:48
1218	António Pereira	Tesoureira Team	181	M45	01:49:42	01:48:48
1219	Leonor Sestelo	Individual	70	F SEN	01:49:44	01:48:29
1220	Isabel Marques	Clube Atletismo Amigos De Belém	52	F45	01:49:50	01:48:42
1221	Marina Pantalhão	Linda-A-Pastora Sporting Clube	53	F45	01:49:56	01:49:32
1222	Maria Miguel	Gazelas	71	F SEN	01:50:00	01:49:29
1223	José Grilo	Individual	173	M SEN	01:50:02	01:49:09
1224	Nuno Silva	Shar	152	M40	01:50:17	01:49:10
1225	Dina Anjos	Ginásio Clube Bragança	54	F45	01:50:20	01:49:45
1226	David Leocadio	Capenafirme	174	M SEN	01:50:25	01:49:35
1227	Raquel Pipio	Individual	72	F SEN	01:50:26	01:49:10
1228	Carlos Correia	Running Club Santa Casa	106	M60	01:50:29	01:49:47
1229	Moises Pires	Individual	95	M55	01:50:30	01:49:50
1230	João Pinheiro	Bilsteingroup	99	M35	01:50:32	01:49:21
1231	Fatima Dias	Individual	41	F50	01:50:39	01:50:02
1232	João Soares	Individual	175	M SEN	01:50:58	01:50:05
1233	Carlos Marques	Kampe'S Team	176	M SEN	01:51:20	01:49:58
1234	Sara Pantalhão	Individual	73	F SEN	01:51:27	01:50:22
1235	Beatriz Botelho	Individual	46	F40	01:51:36	01:50:57
1236	Sandra Pinto	Individual	55	F45	01:52:31	01:51:25
1237	Daniela Valente	Individual	74	F SEN	01:52:34	01:51:21
1238	Cristina Filipe	Alverca Urban Runners	20	F55	01:52:39	01:51:59
1239	Ana Apolinario	Alverca Urban Runners	56	F45	01:52:39	01:52:00
1240	Ricardo Marques	Individual	153	M40	01:52:42	01:51:31
1241	António Peixe	Running Fishes	100	M35	01:52:51	01:51:29
1242	Joana Peixe	Running Fishes	75	F SEN	01:52:51	01:51:29
1243	Pedro Sousa	Individual	101	M35	01:52:52	01:51:31
1244	Sonia Candido	Individual	47	F40	01:53:17	01:52:22
1245	Lurdes Morgado	Individual	57	F45	01:53:19	01:52:24
1246	Daniel Caetano	100Vontade	182	M45	01:53:28	01:52:19
1247	Sofia Araujo	Individual	76	F SEN	01:53:29	01:52:23
1248	Maria Rocha	Câmara Lisboa Clube	42	F50	01:53:38	01:52:27
1249	Teresa Fernandes	Frutlove	43	F50	01:53:54	01:52:40
1250	Ana Mendes	Ccd Tranquilidade	21	F55	01:53:57	01:53:21
1251	Tiago Dionizio	Individual	154	M40	01:54:13	01:52:58
1252	Emanuel Inácio	Individual	183	M45	01:54:31	01:53:27
1253	José Lima	Pernas Inertes Lentos Desde 2017	107	M60	01:54:36	01:53:28
1254	Leonor Rocha	Câmara Lisboa Clube	77	F SEN	01:54:48	01:53:35
1255	Rui Barradas	Individual	156	M50	01:54:51	01:54:10
1256	Patrícia Madeira	Aquela Equipa Que Não Existe	48	F40	01:54:59	01:54:14
1257	Pedro Miranda	Individual	177	M SEN	01:55:07	
1258	Maria Moura	Individual	58	F45	01:55:14	01:54:06
1259	Pedro Alcobia	Individual	178	M SEN	01:55:27	01:54:14
1260	Sofia Marques	Individual	59	F45	01:55:35	01:54:50
1261	Carmen Neves	Individual	34	F35	01:55:45	01:54:46
1262	Sonia Gomes	Individual	60	F45	01:56:01	01:54:57
1263	Luis Andrade	Individual	157	M50	01:56:05	01:54:40
1264	José Silva	Grupo Recreativo E Desportivo Ribeira Da Lage	108	M60	01:56:17	01:55:44
1265	Sandra Paulo	Family Sprint	61	F45	01:56:22	01:55:19
1266	Tiago Coimbra	Individual	179	M SEN	01:56:34	01:55:27
1267	Sofia Prada	Individual	78	F SEN	01:56:34	01:55:28
1268	Nuno Simões	Ccd Crédito Agrícola	158	M50	01:57:07	01:55:45
1269	Fernando Castro	Redentor	159	M50	01:57:16	01:56:03
1270	Solange Pinto	Let'S Go	49	F40	01:58:22	01:57:05
1271	Nuno Santos	@Estroinas_De_Mafra	184	M45	01:58:43	01:57:35
1272	Rosa Marques	Frutlove	62	F45	01:59:49	01:58:36
1273	Emanuel Correia	Individual	185	M45	02:01:32	02:00:32
1274	Miguel Martins	Individual	160	M50	02:01:43	02:01:08



# 40ª Corrida dos Sinos

## Resultados

### 07 abril 2024

Pos	Nome	Equipa	Pesc	Escalão	Tempo	Tempo Chip
1275	Joao Fialho	Run4fun	161	M50	02:02:28	02:01:24
1276	Joana Soares	Family Sprint	79	F SEN	02:02:28	02:01:25
1277	Rodolfo Lima	Clube Millennium Bcp	96	M55	02:03:22	02:02:37
1278	Nelson Fernandes	Tesoureira Team	162	M50	02:03:30	02:02:37
1279	Susana Sena	Frutlove	50	F40	02:03:31	02:02:16
1280	Isaura Santos	Criativa	44	F50	02:03:51	02:02:34
1281	Sara Sousa	Tartarugas Solidarias	63	F45	02:04:46	02:04:05
1282	Rosa Reis	Individual	8	F60	02:05:40	02:04:58
1283	António Coelho	Individual	109	M60	02:05:40	02:04:57
1284	Sara Silva	Individual	45	F50	02:08:04	02:07:03
1285	António Ferreira	Individual	110	M60	02:08:04	02:07:43
1286	Nuno Ferreira	Câmara Municipal Mafra	186	M45	02:08:04	02:07:32
1287	Ana Rodrigues	Individual	46	F50	02:08:04	02:07:03
1288	Pedro Sérgio	Ccd Crédito Agrícola	97	M55	02:09:36	02:08:14
1289	Luciano Assunção	Sportisel	111	M60	02:10:33	02:09:38
1290	Anabela Patrícia	Alverca Urban Runners	51	F40	02:10:57	02:09:43
1291	Francisco Fiuza	Individual	180	M SEN	02:22:48	02:21:35
1292	Teresa Ventura	Individual	47	F50	02:26:10	02:25:42